

DR DATHU RAO MEMORIAL CHARITABLE TRUST



ANNUAL REPORT

2017 – 2018

SABIN – PATHWAY

HOME FOR PERSONS WITH INTELLECTUAL DISABILITY AND ASSOCIATED
CONDITIONS

Agili, Sendhivakkam Post –603 319 Kancheepuram District

Tel : 98401 21859, 98948 03599

"HAVE THE POOR HELP THE POOR"

Pathway began in 1975 with just two children in a small, rented house in Chennai, India.

A D S N Prasad, an Audiologist and Speech Pathologist, sought to fill the void existing in the care and



rehabilitation of mentally retarded children.

From these humble beginnings grew an organization that has served almost 31,700 children and adults in two city centers and a rural agricultural farm.

Prasad guides Pathway with the belief that

"EVERY INDIVIDUAL SHOULD BE GIVEN THE OPPORTUNITY TO UTILIZE THEIR POTENTIAL IN ORDER TO LIVE WITH DIGNITY AND SELF-RESPECT, REGARDLESS OF MENTAL OR PHYSICAL LIMITATIONS."

Pathway is a voluntary, charitable, nonprofit and non - governmental organization which serves children and adults without any bias to religion, caste, creed, or any other consideration.



ORGANIZATION – GOVERNANCE

Pathway has a clearly defined Memorandum and Articles of Association which directs the working of the organisation. This society has a distinguished Board of Trustees

BOARD OF TRUSTEES

MRS. SUDHA SUBRAMANIAM
PRESIDENT – *RESIGNED*

MRS. DHULI PATNAIK
PRESIDENT

MRS. CHANDRA PRASAD
GENERAL SECRETARY

MR. A. RAMAR
TREASURER

EXECUTIVE MEMBERS

Mr. Y. V. R. Rao
Mr. Shanth K Jain
Mrs Usha Rammohan

GENERAL BODY MEMBERS

Dr. Pradhan Ravindranath
Mr. Rajesh Ramana

AUDITOR

Sridhar Krishnamurthy & Associates



Pathway is run under the auspices of Dr. Dathu Rao Memorial Charitable Trust a Registered Society under the Tamil Nadu Societies Registration Act.

❖ Recognized by the office of the Commissioner for the Differently Abled, Government of Tamil Nadu (Department of Differently Abled Welfare).

The organization receives an annual grant-in-aid from the Ministry of Social Justice and Empowerment, Government of India.

The organization receives grant in aid from the office of Commissioner for the Differently Abled, Government of Tamil Nadu (Department of Differently Abled Welfare) for the project “Pathway -Sabin Home for persons with Mental Retardation and Associated Conditions”

Pathway is monitored and audited yearly by independent parties to ensure proper implementation of all finances and governance.

RECOGNITION AND GRANT-IN-AID

- ❖ Ministry of Social Justice and Empowerment, Government of India
- ❖ Office of the State Commissioner for the Differently Abled, Government of TN
- ❖ Department of Social Welfare as a recognized Orphanage.

REGISTRATION AND PERMISSION

- ❖ Director of Exemptions, Dept. of Income Tax, Govt. of India, Nungambakkam, Chennai U/S 80G of the Income Tax Act.
- ❖ Ministry of Home Affairs under the Foreign Contribution Regulation Act, Government of India, New Delhi
- ❖ Registered with The National Trust for Autism, under section 12(4) of the Act for the welfare of persons with Autism, Cerebral Palsy, Multiple Disabilities and Mental Retardation, Government of India, New Delhi
- ❖ Registered under Section 53 of Justice Juvenile Act, 2015, Dept of Social Defense, Govt of TN
- ❖ Registered under Section 34(3) of Juvenile Justice (Care and Protection of Children) Act 2000, amended in 2006 and rules therein., The State Govt/Director of Social Welfare-Child Welfare .
- ❖ Registrar of Societies (South), Govt. of Tamil Nadu, Chennai

- ❖ Registered with Department of Social welfare, Govt of Tamil Nadu under Orphanages and other Charitable homes supervision and control act 1960
- ❖ Registered with Department of Social Welfare, govt. of Tamil Nadu under section 51(2) of the Rights of the Persons with Disability Act, 2016
- ❖ Registered under TamilNadu Recognized Private Schools (Regulations) Act, 1973 and Rules 1974
- ❖ Registered with Directorate of Matriculation Schools, Govt of Tamil Nadu
- ❖ Registered under NGO-Darpan Portal of NITI AAYOG, Govt of India

Pathway has a clearly defined Memorandum and Articles of Association which directs the working of the organisation. This society has a distinguished Board of Trustees

ORGANIZATION BOARD

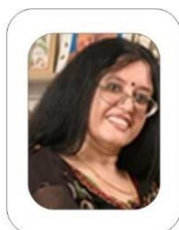
DR DATHU RAO MEMORIAL CHARITABLE TRUST ORGANIZATION - BOARD

The board members meet at least four times a year to transact the business of the organization and meets every year to conduct the Annual General Body meeting to review the work of the organization and resolve various important issues, including: Acceptance and passage of yearly budget

- ❖ Reviews of audit accounts and balance sheet
- ❖ Appointment of auditors and lawyer
- ❖ Election of officers
- ❖ Long- range planning and development goals of the centres
- ❖ Offers general direction in the everyday operation of the organization.



DHULI PATNAIK
PRESIDENT



CHANDRA PRASAD
GEN SECRETARY



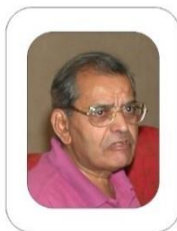
M A RAMAR
TREASURER



SHANTH JAIN
TRUSTEE



DR PRADHAN, R
TRUSTEE



Y V R RAO
TRUSTEE



USHA RAMMOHAN
TRUSTEE

FROM THE HON. DIRECTOR'S DESK



As we welcome the New Year, we are indeed grateful for the many blessings we have received. This year saw new challenges in form of dengue which left a trail of disaster not just for us but the entire Tamil Nadu state which had been affected. Infections and injuries, measles and chickenpox and other skin problems were the biggest issues we were confronted with along with increase of snakes, scorpions etc during this period. We also face the monkey menace. It was heartening to realise that during this turbulent period we led a charmed life since all the kids, and staff at all the facilities were unharmed. We are grateful to have been blessed with courage, strength, and above all with mercy of God to overcome these daunting challenges.

We are indeed very grateful to Sabin Foundation, A Brighter Path, Judge William Sheffield, Mr and Mrs William P Benac and Mr John-Luc Butel who came forward to help during these challenging times for basic needs of the staff and children. The staff has pledged to intensify their efforts and serve more of His children with renewed zeal and enthusiasm. As member of the editorial board, I earnestly hope that you enjoy reading this annual report.

This year too we had visits from some very wonderful well wishers like Mr William Benac, Judge Sheffield, Mrs & Mr Michael Ang, Mr Tim Fewkes and family, Mr Spencer Plumb, Mr Daniel Haslam, students and faculty from Ali Yavar Jung National Institute of Speech and Hearing Disabilities, from Odisha.

It is also our desire to magnify our endeavor to serve many more “poorest of the poor” through our outreach program in remote villages. We believe that every child is special and has been especially sent to us to be served. At this marvelous time I convey our continued gratitude to all our partners and benefactors and pray for their continued love, munificence, and association.

AGRO FARM – SUSTAINABILITY

The AgroFarm is situated 90 km from Chennai in the sub-tropical Kanchipuram district, making it suitable for growing a variety of produce:

- ❖ PADDY- RICE
- ❖ CHILLI - PEPPERS
- ❖ COCONUTS
- ❖ BANANAS
- ❖ JACKFRUIT
- ❖ PEANUTS
- ❖ MANGOES



- ❖ LEMONS
- ❖ VEGETABLES
- ❖ SAPOTA
- ❖ WATERMELONS

Farming capabilities include:

- ❖ 25 acres for horticulture
- ❖ 29 acres earmarked for rice, peanut, and Lentil cultivation
- ❖ Smaller areas dedicated for growing vegetables

The yield from the Farm provides the children their daily intake of rice, which is the staple of the Indian diet. The Farm also contributes towards the supply of fruits and vegetables.



AGROFARM – OUTREACH “HELPING THE POOREST OF THE POOR”



An important goal of the AgroFarm is to provide food to the surrounding destitute villages, to instill a sense of duty, responsibility, and community, and show that the poor and disabled can become self-sufficient and contribute to society. With this in mind, the children of Pathway inaugurated the program “Poor Helping Their Poor Brethren” in August 2002, which will donate rice and any surplus crop regularly to needy persons each month.



SABIN-PATHWAY HOME FOR PERSONS WITH INTELLECTUAL DISABILITY & ASSOCIATED CONDITIONS



SABIN-PATHWAY HOME
AGILI, KANCHIPURAM DT. INDIA



SABIN-PATHWAY REHABILITATION BLOCK
AGILI, KANCHIPURAM DT. INDIA

The Sabin Centre for Education and Rehabilitation of the Disabled has been serving children, adolescents and adults with mental retardation, cerebral palsy, autism and related dysfunctions from the year 2009 . This centre continue to have the services of the following professional and other staff:

- ❖ SPECIAL EDUCATORS
- ❖ PHYSIOTHERAPIST
- ❖ OCCUPATIONAL THERAPIST
- ❖ MEDICAL SOCIAL WORKER
- ❖ VISITING DENTIST
- ❖ PSYCHOLOGIST
- ❖ VISITING SPEECH PATHOLOGIST
& AUDIOLOGIST
- ❖ VISITING PHYSICIAN
- ❖ VOCATIONAL TRAINERS
- ❖ ASST. EDUCATORS
- ❖ WARDENS
- ❖ HOUSE MOTHERS
- ❖ COOK
- ❖ SECURITY STAFF
- ❖ FARM WORKERS



The above professional team is involved in diagnostic and assessment of various disabilities. The centre has standardized a comprehensive case sheet that involves examination of all relevant aspects of child before embarking on therapy, treatment or special education. This case sheet addresses all issues such as examination of speech and language functions, evaluation of hearing and complete audiological tests, if warranted children are referred to Chennai for detailed ENT and audiological examination. The case sheet also addresses towards examination of physical functions, such as power, tone, reflexes, deformities and evaluation of various needs of the occupational therapist. The initial examination also includes special educational assessment, psychological evaluation and a proforma for social worker's assessment. The initial testing includes complete medical evaluation by the physician and will include all other experts' opinion, such as neurologist, psychiatrist, etc on a referral basis. The centre utilizes standard tests in vocational skill evaluation as developed by the NIMH and also inputs that is given by Pathway. In addition to this the social worker evaluates the family situation and circumstances and evaluates emotional needs of the client in question.

Training schedules with regular program has been devised to train Rural Rehabilitation Workers (RRW). This program is helping to train many mothers and women from the villages in the art of care of the disabled. These RRWs have been regularly attending the centre twice every week to undergo training in basic rehabilitation and care of the disabled children and adults. Visiting experts in various fields engage these RRWs in theory and practical training.

The every day schedule consists of special education, physio therapy, occupational therapy, pre-vocational training, vocational training, personal hygiene and teaching life skills, yoga, medical care, etc. Each child with disability has an IEP that is established that clearly indicates the child basic level of performance. Every child is evaluated once in a quarter to assess the child's progress or other wise in every area under care. The centre follows a systematic time table that care of every aspect of individual's waking hours, Children and adults are encouraged to take part in physical exercise right in the morning and they are involved in looking after the general cleanliness of the facilities and also tending the garden and lawns.

Children and adolescents who are above the age of 15 years are offered the following vocational training programme:

- ❖ Exquisite Candle Making
- ❖ Production of Handicrafts
- ❖ Nursery and vegetable garden
- ❖ Cleaning and house keeping
- ❖ Paper mache craft
- ❖ Wood working and carpentry
- ❖ Making of presentation items using saw dust
- ❖ Agriculture and horticulture'
- ❖ Production of coir products
- ❖ Production of dried petal powders to use for Rangoli

Medical and Outreach programme for the Disabled : As a part of Sabin Centre for Disabled the organization has initiated out reach programme to serve disabled in a couple of locations in nearby villages. The rehabilitation team comprising of the following:

- ❖ Special Educator
- ❖ Physio therapist
- ❖ Social Worker
- ❖ General Physician
- ❖ Dentist
- ❖ Volunteers

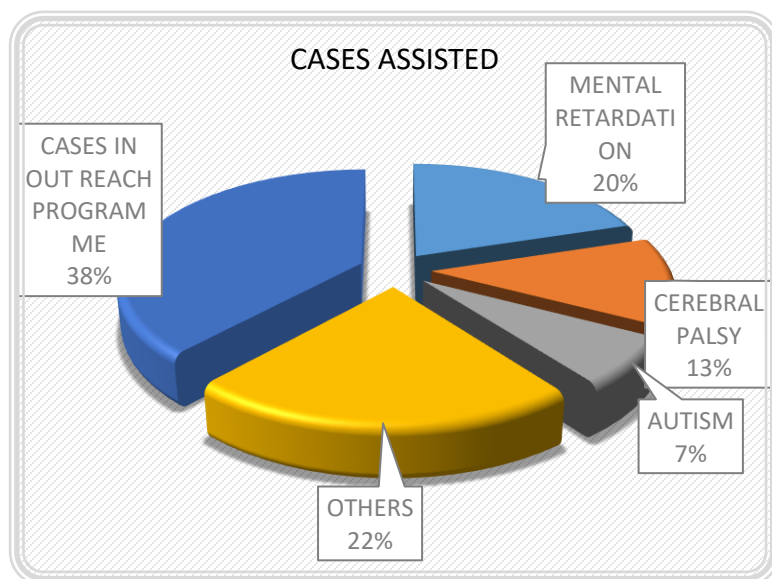
The above team visit villages regularly and evaluate and serve the disabled right at their door steps. We also offer basic essential necessities like mats, pillows, kitchen utensils, provisions etc including our farm produce. The team also offers home bound programme for these children that could be practiced by the parents and relatives of the children. Children with cerebral palsy who have physical disabilities and that need regular physiotherapy and occupational therapy have been receiving regular therapy from Village Rehabilitation Worker(VRW) trained by the organization. Efforts are on to locate a couple of more permanent locations at Senthamani, Ramapuram, Chintamani, Mathur, Elandathur, Agili,etc, so that it would be possible for the organization to serve a large number of children with disabilities who are need of our services. Thirteen new children were identified in a nearby village and qualitative rehabilitation services are being provided to them

INTEGRATION OF THE ABLE AND THE DISABLED:

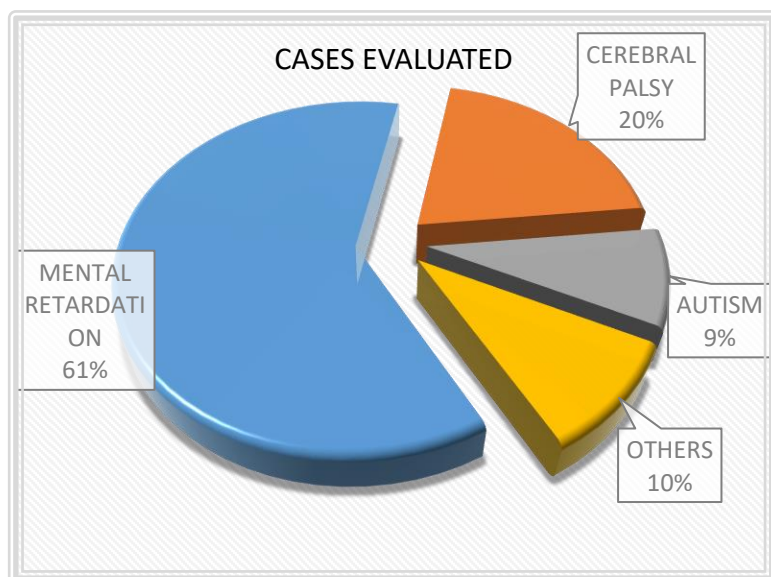
After establishing the Sabin -Pathway Home for Persons with Intellectual Disability & Associated Conditions, the facility has been striving hard to develop a model integration unit of able and disabled children. The initial stigma and hostility has certainly reduced with children and they now readily accept their disabled counterparts in their everyday life. The disabled children and adults now are well accepted in several situations such as recreational and play situations, during their assembly and prayer, during events and functions. Some children with disabilities also attend classes in certain areas of learning along with their able counterparts. This is particularly true when children with borderline dysfunction are grouped in an average class room.

During the year 2016 – 2017 the following cases were evaluated and assisted

Cases evaluated till March 31st 2017



MENTAL RETARDATION	511
CEREBRAL PALSY	170
AUTISM	74
OTHERS	82
TOTAL	837

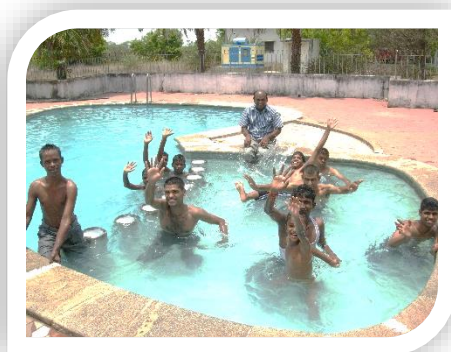


Cases assisted by the Sabin -Pathway Home for Persons with Intellectual Disability & Associated Conditions

MENTAL RETARDATION	29
CEREBRAL PALSY	18
AUTISM	10
OTHERS	32
CASES IN OUT REACH PROGRAMME	55
TOTAL	144

Right from the beginning efforts were made to bring these two groups together so that they develop a sense of tolerance and harmony. Efforts were made to include both groups of children in the following spheres, such as:

1. During Morning Assembly and Prayer
2. During Dining
3. During Social and cultural events, such as involving them both in plays, dramas, music
3. During play and recreational activities
5. During group activities such as painting, scrubbing of walls or surfaces
6. During cleaning the grounds and their class rooms
7. A few children with learning disabilities and with borderline mental handicap were integrated with their able peers at the Pamela Martinez/Pathway Matriculation school, with inputs both from the special educators as well as teachers working in the matriculation schools.



MEDICAL AND OUT REACH PROGRAMME FOR THE DISABLED

After the Inauguration of the Sabin -Pathway Home for Persons with Intellectual Disability & Associated Conditions, it was decided to enlarge and magnify the work of the hospital on wheels by including not only the poor and needy patients who needed general medical care but also the disabled and their families.

The organization conducted systematic data gathering on the distribution of disabilities in the area of Kancheepuram district in general and Maduranthakam and Acharapakkam and Elandathur Taluks in particular. The staff from the centre made a representation to the presidents of town and village panchayats to gain their active cooperation in the setting up of outreach day care units in their respective villages and towns.

The village panchayats were approached and persuaded to let their office space utilized towards setting up of these outreach programmes. It was the plan of the organization to install such day care programmes in 3-4 large villages and towns, where the expert team from the Sabin centre and some volunteer staff from Chennai centre who would visit regularly twice a week for assisting the disabled by way of consultation, offering therapy, special education and counselling.

Through The Sabin -Pathway Home for Persons with Intellectual Disability & Associated Conditions, the organization has initiated a pilot mobile rehabilitation programme to offer rehabilitation services in couple of nearby villages and towns to over 50 disabled children and adults.

The mobile unit of the facility travelled twice a week to offer free rehabilitation programme in these remote villages. We are now looking at expanding this programme to serve a few more villages in the area and also starting a day care programme outreach centres in Maduranthakam and Acharapakkam towns.

In addition to offering support for the developmentally disabled children and Mobile Hospital will also continue to offer free medical consultation and treatment by way of dispensing medicines and drugs to the needy patients. The centre apart from supplying aids is also supporting some deserving disabled children with regard to their basic needs like bedsheets, pillow covers, personal toiletries essentials etc. any aids.



FAMILY SUPPORT ENTREPRENEURSHIP PROGRAMME



It is often said that disabilities and poverty go hand in hand. This relationship impacts the lives of people all over the country, especially in rural areas where there are few and scant opportunities to earn a living. Realizing this, the organization has initiated Pathway Family Support Entrepreneur Program to assist poor adults with disabilities such as blindness, deafness, poliomyelitis, and dwarfism, as well as helping parents who have children with mental disabilities. Assistance comes by advancing small fund to help establish tiny enterprises, such as rearing goats, peacocks, ducks, or chickens, or small marketing efforts, such as selling condiments in villages, tailoring and servicing of cell phones, etc.



This year the centre has touched as many as 20 new beneficiaries to aid them to establish their trades which will support them financially. The previous year results led us to serve more number of people thereby making them self sufficient to meet some of their basic needs. Its indeed heartening to see their confidence levels building and the urge to move in a focused way and to fight the challenges that lay before them more positively.

COMMUNITY REHABILITATION PROGRAMME

Community Based rehabilitation has been rightfully explained by the United Nations as----

"A strategy within community development for the rehabilitation, equalization of opportunities and social integration of all people with disabilities"

---By United Nations

In India almost 80% of its population is residing in rural and remote areas, where the services are yet to reach.. Over 68% of India's population of 1.2 billion is located in 600,000 villages scattered throughout the country. On average, the needs of the rural population differ from those of the urban for various reasons --contrasting socio-economic conditions, available occupations, access to healthcare, life ambitions, emphasis on schooling etc. Though mental and physical disabilities occur in both environments, individuals and families who live in rural India receive little in the way of relief or support.



Perceiving this deficit as an opportunity, for the past seven years, Pathway has been implementing a “Community-based Rehabilitation” (CBR) program for individuals and families who live in rural Tamil Nadu covering different villages in an around the farm centre. This program seeks to empower persons with disabilities without ‘removing’ them from their environment and helps provide tools to rural communities to assist such families and individuals. This programme goes beyond basic medical management and rehabilitation.

Pathway develops customized programs by first by meeting with constituent partners to understand the community, the local culture, type of population, abilities, disabilities, types of occupation of the majority of the community, etc. After this is studied, metrics for success are created and major stakeholders, such as parents, close relatives, or

disabled individuals themselves, are identified.

We are trying to instill self reliance of the disabled and their parents by highlighting and exploring their talents. Providing them with small micro loans to help their families to be as independent as ever.

Pathway is then able to provide professional teams comprised of medical and rehabilitation experts who visit communities several times a year. These teams assist communities in identifying persons with disabilities and then investing time to explain to parents and relatives the various aspect of their child's disability. Family members are trained to perform simple exercises. Training material is disseminated so that those disabled persons can receive basic help from their caretakers as the need arises. Special assistive devices are given if needed to make for an easy transition. To our above medical services we also have started adding the component of dental services too.

We are also encouraging this identified group to join in all our centres celebrations thus including them into the society and preparing for a better awareness among communities.

The teams also stress prevention of disabilities, such as the need for good food for the mother and child, principles of cleanliness, public health and hygiene, clean water, the value of breast feeding, vaccination in early childhood, etc. In regard to specific problems, communities are assured that they can have access to experts for consultation when needed. These efforts by Pathway not only provide immediate medical

and therapeutic relief, but also seek to change prevailing cultural beliefs and habits to positively impact community trajectories. We have identified another group of differently abled whom we have focused and helped in this current year. To highlight a few- they are-



Hariharan, Subashini and Sakthi,- who being Cerebral Spastic have quadriplegia which in turn has affected their spine. Srikanth and Priyadarshini under the same above category

suffers from diplegic spasticity. Divya and Devakumar was diagnosed as Mentally retarded with severe speech defect. These are just to name a few. Other children and adults who have been included for rehabilitation programme are Satishkumar, Vignesh, Jayanthi,,Kalaiselvi, Dineshkumar, Raman R,S Pradheep Raj, Kumaraswamy, Nagaraj S, Kannan, Chellapan etc

VILLAGE OUTREACH



For many years now Pathway has been running an outreach program in nearby villages to help the poor and disabled children living there. Originally there was a limited, time bound program funded by the government to serve the disabled in villages, which has since concluded. Pathway decided to enter this space with skill and novel methods to energize this program that offer intervention program for the mentally and physically disabled children.



Several of these children have very limited use of their legs or arms and would be completely quadriplegic without the free therapy Pathway provides. Pathway is well known in these villages because they bring help to the villages whereas it would be impossible for the villagers to reach a bigger city for aid. Volunteers are able to assist with such outreach efforts and can directly help rural children in south India to better live with or overcome disabilities. Our team of Physiotherapists and Occupational therapist reach out to these families and their children in assessing and formulating a programme which in turn is taught to a parent or relative by the community rehabilitation worker. Every two to three months the programmes are assessed and re formulated if necessary.

THE WORLD YOGA DAY



Yoga is a 5,000-year-old physical, mental and spiritual practice Having its origin in India, Which Aims to transform both body and mind. On December 11 in 2014, the United Nations General Assembly declared June 21st as the International Day of Yoga. The declaration came after

the call for the adoption of June 21st as International Day of Yoga by Hon'ble Indian Prime Minister, Mr. Narendra Modi during his address to UN General Assembly on September 27, 2014 wherein he stated: "Yoga is an invaluable gift of India's ancient tradition . It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and



nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. " In Suggesting June 21, which is the Summer Solstice, as the International Day of Yoga, Mr. Narendra Modi had said that, "the date is the longest day of the year in the Northern Hemisphere and has special significance in many parts of the world.

Regarding the above logo for yoga it denotes that -

- Folding of both hands in the logo Symbolise Yoga, the union, which reflects the union of individual Consciousness with that of universal Consciousness, a perfect harmony between mind & body, man & nature; a holistic approach to health & well being.
- The brown leaves symbolise the Earth element, the green leaves symbolise the Nature, blue symbolises the Water element, brightness symbolises the Fire element and the Sun symbolise the source of energy and inspiration.
- The logo reflects harmony and peace for humanity, which is the essence of Yoga.

Understanding the above we at Pathway have embraced the world yoga day celebrations. Across all the centres we have introduced yoga. This was not a new concept to us since it has been a part of our curriculum. The benefits of the same is manifold.

The Myriad Benefits of Yoga are:

- Yoga is very necessary and beneficial for you if it is practiced on a daily basis in the morning. It is a combined workout of the mind and body which enhances your brain functions, reduces stress and rejuvenates your body and soul.
- Yoga is beneficial for the mental, physical and emotional development of children.
- In this world of fierce competition, yoga helps to reduce stress and tension.
- It helps you to gain flexibility, manage stress, improves posture, memory and concentration.
- Apart from these benefits, yoga also helps in flexibility of spine, induces relaxation and strengthens lower back.



Thus on a final note, yoga helps you to achieve the perfect harmony between your mind, body and soul. It drives away all negativity from your system and promotes in the achievement of a healthy and a happy life.

The children were made aware of the relevance of yoga in daily life. Different asanas were demonstrated under the guidance of the trained staff.

The pictures shown give you a glimpse of the different asanas performed by the children and the wonderful concentration with which they exhibited their learning.

INDEPENDENCE DAY CELEBRATIONS



The **Independence Day of India**, which is celebrated religiously throughout the Country on the 15th of August every year, holds tremendous ground in the list of national days, since it reminds every Indian about the dawn of a new beginning, the beginning of an era of deliverance from the clutches of British colonialism of more than 200 years. It was on 15th August 1947 that India was declared independent from British colonialism, and the reins of control were handed over to the leaders of the Country. India's gaining of independence was a tryst with destiny, as the

struggle for freedom was a long and tiresome one, witnessing the sacrifices of many freedom fighters, who laid down their lives on the line.

It is observed every year in every Indian states and union territories with great enthusiasm. President of India gives a speech every year in order to “Address to the Nation” on the evening of a day before the Independence Day. It is celebrated with big passion in the Capital of country on 15th of August where the prime minister of India hoists the Indian flag on the Red Fort, Delhi. After the flag hoisting, National Anthem song is sung and twenty-one gun shots are fired to salute and honour the Indian flag and solemn occasion.



Delhi police is working hard to ensure incident-free Independence Day celebration at Red Fort. It is for the first time when 300 cameras (360 degree view with night vision) are getting installed at the Red Fort for the close surveillance purpose of every nook and corner near to the celebration point. Prime Minister Narendra Modi has invoked the Quit India Movement again (after



Mahatma Gandhi) in order to encourage countrymen to use the same spirit to expel problems like corruption, communalism, terrorism, casteism, poverty, as well as dirt forever from the country by 2022. He requested people to take a pledge to throw these evil from root out of the country and create a “New India”.

A big celebration event is organized by the government of India at the Rajpath, India Gate in the National Capital, New Delhi where people of all religion, culture and tradition gather to listen the patriotic speech of our Prime Minister. By celebrating this event we commemorate those all great people who had sacrificed their lives and loved ones in making India

an Independent country.



Flag hoisting, National Anthem song play and parade ceremonies including other cultural programmes takes place in almost all the governmental and non-governmental institutions, educational institutions, some of the private institutions all through the country. In the schools and colleges the national flag is hoisted by the school or college Principal and parade and cultural events are carried out by the students. At this day, government offices, buildings, etc gets adorned with the electric lights, flowers and other decorative things. Different sizes of the national flags are used by the people to symbolize faithfulness and commitment to the country.

The guest invited by India for her Independence day this year was the Crown Prince Mohammed bin Zayed Al Nahyan from United Arab Emirates.

At our Pathway centre the staff and the children were busy right from 6 am, Every child showed his /her keenness to give their best performance. Excitement feverishness had already paved its way. The past few months practice was going to be tested today. They were to demonstrated their new found learning in the form of a dance, drill, drama, and skit children were ready to present colourful programmes based on India's independence.

The co curricular activity in the special classes had submitted their skill by making tri colour bands using the appropriate ribbons to design our National Flag. The badges designed by them were given to students, staff and directors were equally worn with pride by the proud wearers of the same.

The children were raring to go and perform. The principal Mrs Jeyseeli took charge. Her one whistle brought every child to form a line and assemble near the flag mast area. They stood in attention waiting for her next order.

Our President Mrs Dhuli Patnaik was requested to unfurl the national flag. She and the General Secretary along with the Treasurer moved to the centre stage to do the honors. With rapt attention, every soul standing there watched with the greatest pride. The unfurling of the flag showered down the soft fresh petals of marigold, jasmine and ofcourse the rose. The gentle breeze spiraled the florets and petals gently down to the ground was a lovely sight to watch. The flag by right seemed to stand up to its full potential, gently swayed by the breeze, seemed to make a conversation with the bright clear blue sky. The bright blue sky with the flag trying to The assembled group sang the national anthem in unison. The unison and the emotion brings out the patriotism in every assembled person. By the time the national anthem ended the last of petal had rested on the ground causing a kaleidoscope of colors covering the earth.

The dignitaries took their seat to watch the kids performance. It started with a drill and followed by a dance presented by 6 children. The theme chosen this year was a popular song sung by Alisha known as Made in India. This song professes to say that though we have seen the entire world, its richness and poverty all I want is a heart which is made in India. Its interesting beat made everyone clap for more. This was followed by a drama depicting the freedom fighters. This was





well presented by the children, choreographed by the special educators and others of Pathway. Children dressed as Mahatama Gandhi, Jawaharlal Nehru, Bhartiyar, and Kappalottiya Tamilzhan and other great patriots. The narration of the same was beautifully executed by Harish.. The event came to close with distribution of sweets and special lunch for the day.

The trust board members immediately then drove down to the agro farm to oversee the celebrations at the farm.

The Independence day celebration at the Pathway Agro Farm for Children was a highly colourful feat this season. The grand display of talent were eye catching and awesome by the

children of the Pathway-Pamela Martinez Matriculation School and adolescents of the Pathway-Sabin Centre for Education and Rehabilitation of Disabled. Over 200 children of the Pamela Martinez Matriculation School were seen to be rehearsing for this big day for almost a fortnight. They had prepared a long programme of nearly three hours to be presented on the eve of the Independence Day. Similarly, boys of the Sabin Centre were also seen to be practising many programmes which they were planning to showcase on the D Day.

The Independence day celebration were planned fairly elaborately in the grounds of the school where a special flag mast is permanently installed. It is the rule of the organization that every day as all the children assemble for their morning assembly and morning prayers there should be hoisting of our national flag with the singing of national anthem; this was done to inject a sense of ownership and patriotism amongst the children right from the beginning of their lives. On this special day the flag mast was well decorated with colourful paper and the entire area was decorated with colourful buntings and tiny flags. The area around the mast had ornamental variety plants and a tastefully decorated rangoli by the girl children added beauty to the entire background. Every child was found to sporting with a small Indian Flag that was affixed on the lapel of their shirts. All the staff and all invitees were encouraged to affix such flags. The entire show was well very choreographed and organized to the minute detail.

The show started with an impressive march past by nearly 230 children comprising of able and disabled children of the Farm. They marched with precision driven by a rhythmic band that was played by two senior boys. Even our youngest kindergarten children were a part of this march past. All the children in their neatly pressed clothes and neat footwear marched perfectly and went past the saluting base and the Flag mast where the Director was present with the principal to take the salute. Each class lead by its leader marched past the saluting base in perfection saluting the flag with reverence. The march past culminated in orderly assembly of all children in their slots and with this the day was set to unfurl the national flag. The Director was requested to unfurl the tri-colour by the principal and the leader of the school. As the flag was unfurled there was copious sprinkling of petals of roses, jasmines and various flowers showered on her and others. This signalled the singing of national anthem which was rendered with great poise and decorum.



The children of the Pamela Martinez Matriculation School and Orphanage presented a huge variety of programmes consisting of drill which also had elements of yoga asanas, using hoops to emphasize the colours of our national flag. The boys showcased their talent using dumbbells and topping it with a pyramid show where the inner most circle of this human chain moved in a beautiful circular formation and the apex of the human pyramid depicting the national flag with a salute. Similar more different formations were displayed by the boys of various classes. The girls not willing to remain behind showed their prowess too in the separate drills they performed like a human pyramid taking the salute under their guidance of their teacher and guide- Ms Gunasundari. the exercises also involved using of lazems.

This was followed by a speech in Tamil by Haripriya of V standard, a Tamil poem explaining “before and after freedom” of India by Priya of Xth grade. A speech in English by S Archana of tenth grade and a description of our national leaders and their role in Independence was outlined by A Srimathi of VII standard. A fancy dress, that is, children dressed up like national leaders who were responsible to gain independence to our country was displayed by our very tiny tots which definitely brought a thunderous applause from their school mates and all others present. This was followed by a mime which was truly executed well by the senior boys depicting the theme- UNITY IN DIVERSITY The entire show was full of great educational value and truly delightful. The songs and dances presented by the children were particularly spectacular and grand. The tiny tots dance to the tune of –“ I LOVE MY INDIA”. IV and III std children performed a dance to the lyrics of a patriotic song penned down by Bharathiyar and finally the VIII and IX std children sang “ Vande Mataram “ to everybody’s delight.

The children with special needs from the Sabin Centre for Education and Rehabilitation of Disabled did not lag behind in any sphere. Apart from being a part of the main marchpast they also showcased highly enjoyable and loveable programmes comprising of songs and dances with the theme of independence. They also performed the different yoga postures and their benefits which drew great amount of appreciation. This three hour grand programme ended with a closing message by the Director followed by distribution of chocolates, pastries and a sumptuous lunch.



ANNAI THERESA 107TH BIRTHDAY CELEBRATION

“I can do things you cannot, you can do things I cannot; together we can do great things.”

— *Mother Teresa*



Last year we had been to celebrate Mother Theresa’s birthday when 25 participants from Chennai centre were their guests and they had the honor of witnessing some dance and drama events performed by prominent personalities from the cinema field. They were entertained for a good two hour period and then escorted for dinner. The children came home armed with gifts.



This celebration was slightly different in the month of September dated 1st when we were invited for the birthday celebrations of the legendary Mother Teresa (1910–1997) was a Roman Catholic nun who devoted her life to serving the poor and destitute around the world. She spent many years in Calcutta, India where she founded the Missionaries of Charity, a religious congregation devoted to helping those in great need. In 1979, Mother Teresa was awarded the Nobel Peace Prize and became a symbol of charitable, selfless work. In 2016, Mother Teresa was

canonized by the Roman Catholic Church as Saint Teresa.

The Hony. Director/Gen. Secretary of Pathway – Chandra Prasad was honored at the 107th birthday anniversary of Mother Teresa held at Raja Annamalai Mandram on the first of September. She received this award from Justice S Rajeswaran and Justice M V Muralidharan of Madras High Court. The children who had accompanied her were thrilled and happy. Seeing them so happy I remember Mother Teresa's quote saying—



"I alone cannot change the world, but I can cast a stone across the waters to create many ripples."

-----Mother Teresa

DIWALI CELEBRATIONS

This year Diwali fell on the 26th October 2016. Diwali, or Deepawali, is India's biggest and most important holiday of the year. The festival gets its name from the row(aval) of clay lamps (deepa) that Indians light outside their homes to symbolize the inner light that protects us from spiritual darkness. This festival is as important to Hindus as the Christmas holiday is to Christians. In northern India they celebrate the story



of King Rama's return to Ayodhya after he defeated Ravana by lighting rows of clay lamps.



Southern India celebrates it as the day that Lord Krishna defeated the demon Narakasura. In western India the festival marks the day that Lord Vishnu, the Preserver (one of the main gods of the Hindu trinity) sent the demon King Bali to rule the nether world. In all interpretations, one common thread rings true—the festival marks the victory of good over evil.



Diwali, celebrated in October or November each year, originated as a harvest festival that marked the last harvest of the year before winter. India was an agricultural society where people would seek the divine blessing of Lakshmi, the goddess of wealth, as they closed their accounting books and prayed for success at the outset of a new financial year. Today this practice extends to businesses all over the Indian subcontinent, which mark the day after Diwali as the first day of the new financial year.

Indians celebrate with family gatherings, glittering clay lamps, festive fireworks, strings of electric lights, bonfires, flowers, sharing of sweets, and worship to Lakshmi. Some believe that Lakshmi wanders the Earth looking for homes where she will be welcomed. People open their doors and windows and light lamps to invite Lakshmi in. Over the centuries, Diwali has become a national festival that is enjoyed by most Indians regardless of faith: Hindus, Jains, Buddhists, and Sikhs.

All the centres from Pathway were a part of this festival. Children donned new colourful dresses and they looked forward for the special meals and sweets which would follow for the day. Crackers being a part of this festival it was kept minimal to sparklers and safe flower pots with a few display of fancy fireworks. Children had been busy from morning. They had very tastefully produced colourful rangoli patterns in front of their building entrances with each group trying to outdo the others. All the simple rituals of Diwali have a significance and a story to tell. The illumination of homes with lights illuminate our homes and hearts, that this simple truth finds new reason and hope. From darkness unto light — the light that empowers us to commit ourselves to good deeds, that which brings us closer to divinity. and the skies with firecrackers is an expression of obeisance to the heavens for the attainment of health, wealth, knowledge, peace

and prosperity. According to one belief, the sound of fire-crackers are an indication of the joy of the people living on earth, making the gods aware of their plentiful state. In all this joyous festival is always welcomed by not just the kids but adults too. Every special educator as well as other educators for normal children prepare their wards a month earlier to the history and significance of this festival in form of varied activities.

CHILDRENS DAY CELEBRATION

Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and citizens of tomorrow
----- Jawaharlal Nehru

Pandit Jawaharlal Nehru was a great person, leader, politician, writer and speaker. He loved children so much and was a great friend of the poor people. He always understood himself as the true servant of the people of India. He worked hard all through the day and night for making this country a successful country. He became the first Prime Minister of the Independent India and thus called as the



architect of modern India. In India, many people born great and Chacha Nehru was one of them. He was the person having great vision, honesty, hard labour, sincerity, patriotism and intellectual powers.

He was the giver of a famous slogan as “Aram Haram Hai.” He became the first chairman of the National Planning Commission and two years later he started a National Development Council in order to improve the living standard of the Indian people to make better quality of life. The first Five Year Plan was launched and implemented in 1951 under his guidance. He was very fond of the children so has created many ways for the growth and development of them. Later Children’s Day was declared by the Indian government to be celebrated every year for the wellness of the children on his birthday anniversary. Currently, another programme named Bal Swachhta Abhiyan has been launched by the Indian government to be celebrated on his birthday anniversary. He always gave the priority to the improvement of the untouchables, people of weaker sections of

society, right of women and children welfare. “Panchayati Raj” system was launched throughout the country in order to take great step in the right direction for the welfare of the Indian people. He publicized the “Panch Sheel” system in order to maintain the international peace and harmony with India and made India as one of the leading countries of the world. The children at the main centre enjoy every bit of opportunity given to them. They took charge this time and decided to surprise their educators. The pre vocation and vocational group children pooled their resources and bought balloons and festoons to decorate their school. Childrens day paper caps were distributed to all. They requested finally their teachers and other peer group to witness a small programme. Childrens day paper caps were distributed to all. They requested finally their teachers and other peer group to witness a small programme organized by them this included a dance, skit and a drama. Choosing our late prime ministers favourite flower rose they showed their love for him by handing it to every staff. Dance group was led by Maria Priya, Madhavan and . Leander chose to play the role of chacha Nehru and Mani played the role of this favourite flower the rose. There was also a drawing competition along with musical chair event After the end of session, prizes were distributed and the entire group was given snacks and sweets along with a gift which they cherished. It was time for fun and frolic, a day of celebration, as the staff and children of Pamela Martinez School and the Sabin centre prepared for Children's Day, a day to remember Jawaharlal Nehru, free India's first

prime minister, with love and fondness. The excitement grew as the enthusiastic children all assembled to celebrate the event. Ably led by principal Annadurai and a team of dedicated teachers, great treats were prepared for the children. The faces of the tiny tots from kindergarten beamed as they saw their favourite snacks dangling before their eyes. The favourite snack was tied with a thread and the winner would be the one who could eat the entire piece of the treat.. loud cheering and claps urged the tiny tots to give their best shot. The next game was the balloon game game where the contestant had to blow them till they burst and variation of the game was to sit on the blown balloon till it bursts. A mix of shyness, curiosity and every other expression was evident on their faces. After the girl babies it was the turn of the boys. Their younger peers watched with amazement the beautiful colors of the balloons blooming into greens, purple, yellow and pink with a dash of white too. There were some surprise extempore too from these tiny tots. The mike seemed to be larger than the



speaker. The next interesting activity was standing at a distance and throwing the ball into the basket. The one with the maximum number was the winner. There was another fun game added to this event. A play activity involving the paper cups where the contestants had to blow the balloon in a paper cup and then the paper cup along with the balloon had to be placed into another paper cup. This process was to go on and the winner would be the one who could make the biggest pile of the papercups in tower formation. The next very interesting activity was pinning or drawing a tail of the donkey drawn on the blackboard being blindfolded. The entire group would break into tingling laughter when their peer fixed the tail other than the correct space. Some of the kids cheered and some just enjoyed the experience. The girls not to be left behind took part in the same activity. This followed by a group dance Children took part in various games, mime shows, puzzles, painting, and singing. Children from Sabin centre - Srinivasan and Zahir presented a short but sweet play. At the end of the day the children appeared to be exhausted from their

activities while thoroughly enjoying their cakes and traditional Indian sweets. Such childhood delight made the adults realize that children are indeed precious gems and are divine gifts from above!



OUR PROUD ACHIEVER

Citibabu entered the portal of Pathway at the age of 14 years in

the month of July 2004 from Kaakum Karangal. They had just realised that they didn't understand his needs and didn't have the facility to help him. Our former director Dr. Prasad willingly took him into his fold & after doing the initial assessments planned out an individual programme to help him in every sphere of life. Over the years Citibabu started showing remarkable improvement in spheres especially in speech and language improvement was considerable. The utmost care and

patience had showed results. A child who was given up as non-verbal, no-concepts, who was neither receptive or expressive in language having speech problems showed that miracles do exist. He bloomed in every sphere. Rigorous special education was introduced and by the 16th year he was placed in pre-vocational unit & finally by the age of 19 he was admitted in Pathway-Sabin centre for vocational education



In these last few years he learnt to go through various activities like –

1. Coir pot making
2. Making of coconut brooms
3. Making of nursey bags
4. Worked in the carpentry section
5. Using sawdust to make beautiful elephants which serves as gifts
6. He has shown keen interest in candle making and paper mache products.



His other achievements include helping to integrate normal children with special children in certain activities like drawing, playing group games, dining together and also an active part in cultural activities.

His eagerness to please and a beautiful smile has brought and reigned in many friends from all quarters.

Last but not the least he is totally independent in his daily living skills and helps his peer group

Citybabu with all the assets acquired has become a valuable member of the society. He has been employed as an office boy for the school and hence is able to earn his livelihood.



DENGUE: CAUSES, SYMPTOMS & PREVENTION



Dengue is caused by the bite of one of the many types of mosquitoes in the genus *Aedes Aegypti*, which has white stripes on their bodies and legs. It is caused when the mosquito has previously bitten a person who was infected.

The pathway which is followed in case of the incidence of dengue is 'infected person to mosquito to another person'. The mosquito-borne viral disease dengue has become one of the worst nightmares of the country.

Also called 'breakbone fever' or 'dandy fever', it is caused by a family of viruses and is transmitted via *Aedes* mosquitoes. Dengue begins suddenly, with more benign symptoms at first but which may get severe with time. The symptoms of the disease show in three to seven, and sometimes fifteen, days. They include fever, headache, joint and muscle pain, swollen lymph nodes and



rashes. Recovery from dengue does not take over a week unless the condition gets severe. Mostly asymptomatic, if the condition gets critical, dengue can be life-threatening. The fever of dengue can attack anyone but those with weaker immunity are more prone to the disease getting severe when they are attacked. As it is caused by any of the five serotypes of the *Aedes aegypti*, also called the yellow fever mosquito, dengue can happen multiple times to the same person. However, the person acquires immunity to the particular viral serotype which has already attacked him. A more severe form of dengue is dengue hemorrhagic fever. The symptoms of dengue hemorrhagic fever include headache, rashes and fever besides bleeding in the body (haemorrhage), formation of red splotches on the skin, black coloured stool, bleeding in gums or nose and a weakened immunity. Dengue hemorrhagic fever is life threatening and can lead to dengue shock syndrome, which is as severe and fatal.

Hearing about this dreaded condition we at Pathway immediately set out on war footing. Basically everybody was educated on the type of mosquito which cause this deadly viral infection which when not treated could lead to death. The dengue mosquito (dengue Machar) *Aedes aegypti* is one of the only

few type of mosquitoes that spread dengue disease. *Aedes* mosquitoes are visually distinctive because they have noticeable black and white markings on their body and legs. Unlike most other mosquitoes, they are active and bite only during the daytime. The peak biting periods are early in the morning and in the evening before dusk.

DENGUE CASES AND DEATHS: 5 WORST AFFECTED STATES IN 2017

	2014		2015		2016		2017	
	Cases	Deaths	Cases	Deaths	Cases	Deaths	Cases	Deaths
Kerala	2575	11	4075	25	7439	13	18,727	35
Karnataka	3358	2	5077	9	6083	8	13,016	5
Tamil Nadu	2804	3	4535	12	2531	5	11,552	18*
West Bengal	3934	4	8516	14	22,865	45	5389	13
Delhi	995	3	15,867	60	4431	10	4545	1

*Data available with the National Vector Borne Disease Control Programme (NVBDCP) till 8 October, 2017. However, the Tamil Nadu state health department has confirmed that 80 have died since January.

Aedes aegypti have a complex life-cycle with dramatic changes in shape, function, and habitat. Female mosquitoes lay their eggs on the inner, wet walls of containers with

water.

Every adult staff was briefed to report any warning signs of children like –

- Refusing to accept oral fluids or vomiting
- Sleepy or restless
- Bleeding of the nose and gums, especially gastro-intestinal bleeding with fresh or old blood in the vomit or stool. Old blood in the vomit looks like ground coffee ground; in the stool may be black like coal tar.
- Abdominal pain
- Skin mottling, cold sweating skin or cold hands and feet.
- Absence of urine in the last 6 hours

They were also informed about the basic treatment though there is no specific treatment like most viral infections, , only simple supportive care with fluids. No antibiotics are needed to treat this viral infection.

They were advised to Bring the temperature down since a very high temperature can be dangerous and can cause fits in young children known as febrile convulsions. To bring down high fever to below 39 deg C, gently sponge the child with cloth soaked in water and give paracetamol was suggested.. Avoid certain drugs, for example, aspirin, NSAIDs (not steroidal inflammatory drugs such as ibuprofen) which can worsen platelet problems and also cause gastritis leading to bleeds.

The mainstay of treatment is timely supportive therapy with fluids, oral or Intravenous route. Shock can be detected clinically by the degree of rise in hemoglobin as the fluid leaks into body spaces.

Increased oral fluid intake is recommended. Always use oral fluids if one is able to drink.

Supplementation with intravenous fluids may be necessary if the patient is unable to maintain oral intake and / or is in shock.

Close monitoring in this critical period is crucial.

Blood products will be needed only if the patient is bleeding, usual site of bleed is the gut.

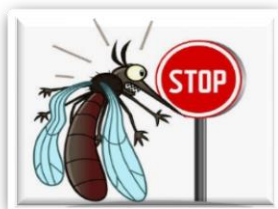
Our doctors were consulted and they all agreed that tests of platelets, hemoglobin, coagulation profile, liver enzymes. and some specific tests to detect Dengue can be taken for safety reasons.

Every member of Pathway was educated on keeping their environment clean, any open storage of water was discouraged . We also took upon ourselves to install steel mosquito meshes throughout all the centres to avoid any casualty.



We are proud to report that except for high temperatures that we witnessed in many children, we were able to contain this dreaded viral infection and apart from a few staff who needed hospitalization every body

scathed out without any serious damage. Keeping our childrens health priority we also got the government to fumigate our centres along with educating our kids through skits, talks and animation clips. Our children were also educated on identifying this mosquito by way of pictures and models. During this season light color clothes with full sleeves was one more precaution taken. *Early diagnosis Early treatment with fluids and Close monitoring became our motto.*



CHRISTMAS DAY CELEBRATION



It was a glorious Christmas celebrated with fervour and prayer in the heart. There was great excitement in the air as children from Pathway, Chennai, the Pamela Martinez Matriculation School and Orphanage and the Sabin centre for the disabled joined together to showcase a grand show on the 22.12.2018 at the agro farm. Children from the Pathway Chennai centre travelled by bus to the farm for this event. It was a very joyous group which arrived the venue in the afternoon. The programme was due to start only in the evening. To add to the festivities the Pathway Alumina too joined to be a part of this wonderful festive occasion. It was indeed a sight to watch the entire family of pathway meeting at one area . though each one was from different walks of life today but their mingling with each other only showed that they were bounded to each other by being a Pathwayian at heart. The sound of laughter, joy, animated talk and chatter filled the air.



It was indeed a sight to see hundreds of children dressed in colourful attire especially gifted to them to celebrate the birth of our Saviour. This special event was attended not just by students of the entire pathway family but also included the children from community rehabilitation group and their parents and care givers.

The stage preparation was done with the help of the Pathway alumini which fixed the beautiful background banner painted by the children to the back of the stage. The evening started with a prayer by Jayapressi from the tenth grade and Pathway choir sang "Joy to the World".



The director of pathway gave a welcome speech and read out some excerpts from our benefactors who so graciously sent the Christmas message as follows in their words.

The children from the Pamela Martinez Matriculation School presented a bouquet of a beautiful programme that included a welcome dance by the 3rd and 4th grader students. They also enacted a skit ON THE Parable of the prodigal son known as “THE LOST SON” which was finely executed by the children.

The audience got to witness Jingle bells by the special children of Pathway Chennai centre. Their smiles and cute expressions brought in applause from every corner. The tiny santa clauses had captured every heart.

A tamil version of the song Vandachi, Vandachi was performed by students of 8th and 9th standard who with help of beautifully prepared props transported the viewers to a Christmas land.

My dear children:

Grandma and I want you to know how much we love you and miss you. We regret that we are unable to be with you during this season of the year when we celebrate the birth of our Savior the Lord Jesus Christ. It was over 2,000 years ago that baby Jesus came into the world in the village of Bethlehem. His mother was Mary. Think how Mary must have felt to know that she was selected by Heavenly Father out of all the girls in the world to be the Mother of the Son of God. How blessed she was. I think of Jesus often and hope that my life pleases him.

It has been over two years now that our great friend Dr. Prasad was taken home to be with Jesus and Heavenly Father. My dear friend and sister Chandra and I think of Prasad every day. He was a great man. Had it not been for him there would have been no Pathway. Each of you would have had a different life than you have now. As you live your life think of Prasad and all he has given you. I think so often of all he gave to me. I miss him so much.

I hope to see you sometime during 2018. My best advice to you is to never let a day go by without saying your prayers. Be grateful for all you've been given.

We love you so much.

Grandma and Grandpa Sheffield

Dear Children of Pathway,

When the child Jesus came to the world more than 2,000 years ago he came from very humble circumstances. His father was a carpenter, like many men used to do in these days. Jesus was a child like any other children but he soon understood what His divine destiny was. His destiny was to change the world and offer all, men, women and children eternal life. He told us that He would be with us along the way, that he would carry us through our trials and challenges and that he would bring us peace. We believe this be true. We also believe that each one of you has a beautiful destiny ahead. We wish you much joy, peace and health.

The Butel

Jean-Luc Butel

The 5th and 6th standard children performed a dance whose tune made viewer tap their feet in unison.

Not to be outdone the special Children and adults of the Sabin Centre presented well choreographed dance and music that sang praises of the Lord.

The final show was on Nativity. This year it was special because the characters were chosen from all the centres which was executed in a very befitting manner depicting the birth of baby Jesus.

The closing hymn and prayer ended the days programme which would be another leaf in Pathway's memorable moments.



The show ended with sumptuous dinner and gifts to all the children and bonus to staff so generously contributed by our good Judge. We are also grateful to other magnanimous supporters who shared their love and compassion. We are humbled by their

generosity in true Christmas spirit. Dhuli Patnaik proposed a vote of thanks.



PONGAL



Mid January is an important time in Tamil Nadu, so also for Pathway. The harvest festival falls typically on 14 January. This time the harvest brought great cheer in the hearts of everybody at the Pathway Agro Farm as plenty of rice and vegetables were harvested. This three day long Pongal festival was celebrated with great fun and frolic by the children and staff of Pathway, Chennai, the Pamela Martinez Matriculation School and the Sabin Centre for the differently abled. The wardens, special school staff, Farm staff, Supervisor, Electrician, Plumber, Driver and Hostel staff, teachers are called to participate in the event with their Tools. All the children are involved in the spring cleaning of the entire

campuses. The drivers are in charge of cleaning their vehicles. In general every body is involved in the above activity.

Though this practice is in everyday life here but this gives a start for a new year ringing in freshness and beauty all round. Special prayer was said by Archana, and there after the Principal explained about the meaning and concept of these three days significance.

A small joint prayer or pooja is organized and the blessings are given in form of puffed rice, fruits, sweets and ofcourse the inevitable goodness of sweetness- the sugarcane. this community act brings people closer and friendships and ties get stronger. Worshipping the tools which offer one's livelihood makes them respect these aids.





Pongal is celebrated by the Indian state of Tamil Nadu as well as Tamils worldwide, including those in Sri Lanka, Malaysia, Mauritius, South Africa, USA, Canada and Singapore. The festival is at least 1000 years old although some believe that the festival is more than 2000 years old. As per epigraphic evidence, it used to be celebrated as Puthiyeedu during Medieval Chola empire days. It is thought that Puthiyeedu meant the first harvest of the year. People of all religions celebrate the pongal festival. This is a harvest festival - the Tamil equivalent of Thanksgiving.

Once the pongal is ready a Padayal (the offering) is first made. Sharing of the Pongal with friends and relatives follows a few minutes of meditation or a prayer. The children were absolutely excited about this day. The excitement of a festival is always writ with pleasure on their face and this showed in their eagerness to follow any ritual rules like getting up early in the morning and having a shower and donning new clothes. The previous night the kids had collected their old clothes and each one had made their own bundles since the first day, Bhogi, is celebrated by throwing away and destroying old clothes and materials, by setting them on fire, marking the end of the old Thai and the emergence of the new Thai. The excitement was definitely on high since they receive new clothes and toys to mark the occasion. The day set off by the girl children drawing kolam decorations in front of their school and dormitory buildings. Everywhere colorful buntings were installed. The buntings waved along with the breeze matching the childrens smiles. Their enthusiasm brought a renewed energy in the adults who thought less of their everyday worries and became a part of the scenario by joining the kids in the festivities.

The second day, Pongal, is the main day, falling on the first day of the Tamil month Thai (January 14 — 15). Also known as Sarkarai Pongal or Veetu Pongal, it is celebrated by boiling rice with fresh milk and jaggery in new pots, which are later topped with brown sugar, cashew nuts and raisins early in the morning and allowing it to boil over the vessel. This tradition gives Pongal its name. The moment the rice boils over and bubbles out of the vessel, the tradition is to shout of "Ponggallo Ponggal!" and blowing the sangu (a conch), a custom practiced during the festival to announce it was going to be a year blessed with good tidings. All the children from all the centres joined along with their staff watched setting up of the clay pot on bricks with wood as the fuel. The sugarcane was a part of their decoration which was used in the form a stand . The children were dressed in their new clothes and the entire farm was dotted with a riot of colors. A bystander could watch the kids bobbing their heads and chatting gleefully waiting for their principal to say the prayers. Once done all the pair of eyes were focused on the pot waiting for the rice to boil over. The sight of the rice boiling over immediately brought a chorus from children who shouted "Ponggallo Ponggal!" The happy faces smiled gleefully and waited with bated breath to receive the offerings made and ofcourse the best loved sugarcane. Children were busy seated in and around the playground area with their sugarcane pieces in their mouth and their





strong teeth skillfully tearing the top layer and enjoying sucking the fresh juice. The excitement was hard to contain. Many a times watching them send an adult back to his memory lane where he or she relives their childhood. The third day, Maattu Pongal, is for offering thanks to cattle, as they help farmer in different ways for agriculture. On this day the cattle are decorated with paint, flowers and bells. They are allowed to roam free and fed sweet rice and sugar cane.

Some people decorate the horns with gold or other metallic covers. In some places, Jallikattu, or taming the wild bull contest, is the main event of this day and this is mostly seen in the villages.

The staff had organized a wonderful fun day programme for children. Some children were dressed in their traditional costumes. The older girl children danced a classical number in front of their peers to mark the day's festivity. This was followed by a popular game known as Tug of war. The air was filled with happiness and joy and cheering sounds from the crowds who egged their groups to pull harder to win the contest.

This was displayed by the tiny tots, middle school kids, special children, and ofcourse the lady staff members who were pitted against the male staff members. The boys were thrilled that their gender won. The adult special children weren't going to be left behind and they showed their skill in musical chair which was won by Armugham followed by Zair. The last but not the least was the blindfold game which challenged the participant to hit a pot which is hung eight to nine feet above the ground and try to smash it and carry the prize housed in it. It seems like another version of piñata. Tired and exhausted the kids trooped in for their special food which they enjoyed and welcomed the nap after it. During the final day, Kaanum Pongal (the word kaanum means "to view") people visit beaches and theme parks. The children in batches were taken out to visit the nearby bird sanctuary. They were delighted.

This day is a day to thank relatives and friends for their support in the harvest. Although it started as a farmers festival, today it has become a national festival for all Tamils irrespective of their origins, caste or even religion. It is as popular in urban areas as is in rural areas.



REPUBLIC DAY CELEBRATIONS 2017



Republic day in India is celebrated every year with great pride on 26th of January to honour the Constitution of India as it came into force on the same day in the year 1950. It had replaced the Government of India Act, 1935 into the governing document of India. On this day, national holiday is declared by the Indian Government. The new Indian Constitution was sketched and approved by the Indian Constituent Assembly and decided to celebrate it on 26th of January every year as India became a republic country.

The chief guests on Republic Day of India 2018 were 10 Leaders of 10 nations of the world (Heads of ASEAN states). Below is the list of names of all Chief Guests and their Nations:

Sultan and incumbent Prime Minister *Hassanal Bolkiah* – Brunei

Prime Minister *Hun Sen* – Cambodia

President *Joko Widodo* – Indonesia

Minister *Thongloun Sisoulith* – Laos

Prime Minister *Najib Razak* – Malaysia

President *Htin Kyaw* – Myanmar

President *Rodrigo Roa Duterte* – Philippines

President *Halimah Yacob* – Singapore

Prime Minister *Prayuth Chan-ocha* – Thailand

Prime Minister *Nguyễn Xuân Phúc* – Vietnam

Following was special on 2018 Republic Day of India in New Delhi:

India celebrated its Republic Day 2018 with the great leaders of 10 Asean countries (Association of South East Asian Nations). This year in 2018, it happened for the first time in Indian history that 10 chief guests graced the Republic Day of India. It was very special because the Southeast Asian bloc completed its 50 years of formation (created on 8 August 1967) and India completed its 25 years of partnership (started in 1992) with the grouping in 2017.

It was for the first time that ASEAN Flags were displayed through fly in the sky over Rajpath.

It was for the first time that one of the floats showed “All India Radio” to display Prime Minister’s monthly address “Mann Ki Baat”.

One of the floats from Income Tax Department displayed anti-black money drive (swachh dhan abhiyan).



113 BSF women performed motorcycle stunts such as pyramid, shaktiman, fish riding, seema prahari, bull fighting, etc.

Aircraft Carrier (IAC) Vikrant was displayed by the Indian Navy which will be commissioned in 2020.

“Nirbhay missile” and the “Ashwini radar system” from The Defence Development and Research Organization were displayed.

“Airborne Early Warning and Control System (Netra) flown over the Rajpath.

Group of students from Delhi school performed to represent Indo-ASEAN ties.



Around 700 students from the guest countries performed in the parade other than the Indian Army, Air Force, and Navy.

A float by Punjab displayed under the theme “Sangat and Pangat” (Sangat means communal harmony; Pangat means community kitchen) representing love for humanity.

Kathak and folk dances of many countries like Malaysia, Cambodia, Thailand, etc were also displayed. Around 61 tribal guests were invited to participate in the Republic Day celebration. 100-odd government agencies were involved in the preparations for Republic Day parade 2018. State capitals celebrated republic day in the presence of governors of the state. Like Independence Day is celebrated to enjoy the hard won freedom of India from the British Rule, Republic Day in India is celebrated to commemorate the coming of its own constitution into force. It is officially celebrated every year in the national capital of India (New Delhi) at Rajpath in the presence of the Indian President. Besides, celebrations in various other states also take place in the presence of their respective state governors by hoisting the National Flag of the country.

India is a country where people from different cultures, societies, religions and languages live in harmony with each other. The freedom of our country is indeed a matter of great pride because needless to say it was obtained after many years of struggle and great sacrifice. Therefore, this day is celebrated every year in order to make Indian people feel proud of having taken birth on this multi-cultural land. Republic Day is celebrated in a very colorful fashion in order to make celebrations memorable and special for every Indian Citizen. National Anthem is sung by the people who take part in the celebration. This celebration brings all the Indian people together and instils a feeling of national pride as well as love for our country.

Republic day was celebrated at Pathway, Chennai in a grand manner. There was feverish excitement in the children as many of them were ready to present a colorful program. Since they were to participate in a competition held by Kreedha they were ready and assembled near the flag mast. Every visitor, parent, student and staff were greeted at the main gate by a colorful Rangoli which welcomed and ushered everyone in. As the children were





called to attention, Dhuli Patnaik our President was requested to unfurl the national flag. With this the children, staff and everyone assembled sang the national anthem in unison. Every spectator and residents were treated to a lovely muffin bearing the tri color of our national pride which was so lovingly made by the bakers of Pathway vocation group.

Children were eager to board the buses to get to their next destination where there talents were to be tapped for the day. Every year these special moments are captured on camera and they get embedded in the special album of our special children achievements.

Completing this formality the trust members drove down to the farm to partake in the event there. Children at Pamela Martinez and the Sabin Centre group were not to be left out. They showed their prowess in the different drill and exercises like pyramid formation which was followed by resounding applause from their peer groups. In all the children practised their best to win the hearts of their trainers and audience alike. The march past was followed by a wonderful beat of the band .The band leader had made sure that all his counterparts were in their best attire which caught envy of many .This year the salute was taken by the President of our Trust.

The children put up a show which showed their expertise in drill, lazem , dumb bells, hoops having our national flag color, followed by a pyramid construction which had many variations. And finally followed by a circular wheel which depicted the angle of progress in all spheres of life as a nation.

The girls were not far behind. They to showed a display of their skills in pyramids followed by variations in their techniques. They left the arena after saluting the flag and taking a bow.

It was indeed a sight to watch that the Sabin Centre was not left far behind. When they took the stage to perform the entire students and their peer and every person present there cheered and welcomed them. A very confident group walked up and displayed their prowess. They too did the pyramids and added a special touch with yoga poses and a skit to go by. Which brought about the unity concept. they depicted the fusion of all religions in our national flag hence bringing out the concept of -that all Indians are our brothers and sisters.

Speeches carefully prepared by students in local and English language were read out by Nivetha, Srimathi, Murugeswari, Priya and Haripriya. The older students kept the audience enchanted by a mime show depicting our Indian army who guard our nation to their best. A special dance by the little ones who depicted our national symbols in the form of bird- the peacock, our national animal – the tiger etc. Their cuteness brought a loud applause and cheer from everyone present.

This was followed by a group of dancers from VII and IX standard kids who depicted in their performance the different states of India.

The Director gave the vote of thanks and children were treated with the wonderful muffins fresh from pathway bakery along with chocolates. The children were also treated to a wonderful feast for the afternoon with a TV show of the days event being telecasted from the national capital.



PATHWAY EXCELLENCE AWARD FOR 2017



Another memorable day was etched in Pathways diary in the form of Pathway Excellence Award on the 9th Feb 2018 for the year 2017. Preparations were made way ahead for this prestigious function. We were looking forward to receive our august guests from the united states namely- the Fewkes family, Mr David Haslem and Mr Spencer Plumb. Mr Plumb serves as President & CEO of Sabin Holdings and Mr David Haslem being the Chief Investment Officer for Sabin Holdings. Mr Tim Fewkes who had volunteered way back in 1995 made a pleasant surprise trip with his

family. Today he is the founder of a company known as EverOps which he started in 2011. We definitely missed our other wonderful supporters who though were absent physically were in true spirits with us. This programme was attended by children and staff of all our centres, The Community Based Rehabilitation group, parents, well wishers and ofcourse the Pathway Alumini group.

The Pathway Excellence award was conferred in an impressive but a simple function recently at Pamela Martinez-Pathway Agro farm for children, Kancheepuram district. The venue was tastefully decorated with colorful 'Shamiana' with a large stage. These awards were conferred on meritorious poorest rural children of Tamil Nadu selected from all over the district. This concept of bestowing awards on such children was conceived seven years ago. Pathway being an organization serving the disabled and the poor wanted to focus on the needy children who show promise in their scholastic performance. The mandate of the organization has been to serve the most needy and deserving children without any bias to their religion, caste or any other consideration.

It is the aim of the organization to discover the unsung heroes who live in the dusty rural areas of the state without being recognized. The aim of Pathway also has been to uncover the potential of highly deserving children who are generally neglected or marginalized by the society because of their obvious problems, such as, poverty, lack of opportunities, poor facilities in the rural areas, etc. The panel also studied the performance of each short listed student from the 50 applications received in his/ her scholastic achievement as well as in their all





round achievement. The specialty of this award was to allocate a mentor to each of the selected awardees. Pathway has selected a panel of highly successful professionals drawn from different walks of life for the mentorship program. The panel consisted of doctors, engineers, captains of industry, marketing and business management experts, scientists, administrators, etc Nelson Mandela has said that

" Education Is The Most Powerful Weapon Which You Can Use To Change The World" this is exactly what Pathway is trying to do. Pathway is dedicated to serve the poorest of the poor and as Prasad says

" CONVERTING THE LIABILITY IN TO ASSET". Pathway strongly believes in the famous Chinese saying *" Give a bowl of rice to a man and you will feed him for a day. Teach him how to grow his own rice and you will save his life"* this is exactly what Pathway is doing, educating children so that they can become independent.

It is indeed a great day for Pathway and me. Pathway after it's inception in the year 1975, with just two children has touched the lives of more than 40,000 children and adults with various needs. Our organization has been working with children and adults with mental retardation, cerebral Palsy, autism and related dysfunctions with great zeal from the past 42 years.

The Pathway Agro Farm for Children was packed with invitees, a large section was earmarked for children, their parents, there were rows of seats that was reserved for principals of schools from the rural areas. The faces of children were beaming with smiles of great expectation. They were all seated as per their awards. All together 7 meritorious awardees were present to receive the honours. It was really interesting and overwhelming to listen to the parents of the some of the children who hailed from remote rural areas. They expressed their glee and delight in participating in a such an event and thanked Pathway for this great opportunity. The principals of village schools were equally delighted with the honour bestowed on their wards.

Excellence award was given for three categories of high performers. During this event 7 meritorious children were conferred with Pathway special Awards. These awards were bestowed on children shortlisted from all over the district which also included a couple of children from the Pamela Martinez /Pathway Matriculation School and Orphanage who matched their performance with high performing children from different parts of the state, Pathway Chennai Centre and also the Sabin – Pathway centre. These children have not just performed well in their studies despite various challenges in their life, but also in various vocations. Some children





have done exceptionally well in their scholastic performance, each one of them hailing from different parts of Tamil Nadu have performed with great zeal despite struggles. Each one of them have scored over 90% in almost every subject. Every one of them are first generation school goers and children of illiterates. Many of these children's background are highly challenging. Each awardee child received a garland, shawl, certificate, medal and a cash award. The award consisted of a cash prize, a certificate, a medal and a shawl.

The most coveted awards were:

- The Pathway- Judge William Sheffield Excellence Award
- The Pathway- Gary Sabin Excellence Award [to two candidates]
- The Pathway A D S N Prasad Excellence Award
- The Pathway- William P Benac Excellence Award
- The Pathway-Jean-Luc Butel Excellence Award
- The Pathway -Pamela – Alex Martinez Excellence Award



These prestigious awards were bestowed on children who showed exceptional grit and strength and also superlative performance in their scholastic performance despite severe trials and tribulations.



Almost every Awardee had a great and impressive story. The first award being in the founder of Pathway's name --The Pathway Dr A D S N Prasad

Excellence Award in honor of Dr a d s n prasad who believed and had an overwhelming desire to help children with or without disabilities. He believed in a bright future and most of all in happiness of a child. This very prestigious award is being awarded to **LOGESHWARI** a girl child who has done exceptionally well in her tenth examination, scoring more than 98%, despite severe poverty and personal challenges. She lost her father when she was in the 5th grade. She and her brother have been in the care of their mother. Despite all these hurdles Logeshwari has managed to rise up and now is aspiring to





become an IAS officer so that she can support later many children who like her need support. We salute this kid and feel honoured to know her. The Pathway Judge William Sheffield excellence Award was given in honor of judge William Sheffield who sees pathway as an institution where he truly sees essence of a child and where miracles happen. He also believes that all roads always lead to pathway. this award was conferred on Meghanathan who joined pathway in the year 2002 at the age of 7. He led his life with a strong belief in the gospel which has tuned him into a wonderful young man today He passed tenth from here with flying colors and inspite of medical issues this young man has completed B.Tech degree in electronics and communication engineering and today is proud to work at Tech Mahindra. His ambition is to pursue his MS degree. Pathway takes pride in honouring this special young man. He has scored centum in certain subjects and nursing an ambition to become a doctor. Pathway is proud to honour this great achiever.

The Pathway-Gary Sabin Excellence Award was bestowed onto two very special differently abled children-----the first being Citibabu.... Citibabu entered the portal of Pathway at the age of 14 years in the month of July 2004 from an orphanage Kaakum Karangal. They had just realised that they didn't understand his needs and didn't have the facility to help him. Our former director Dr. Prasad willingly took him into his fold & after doing the initial assessments planned out an individual programme to help him in every sphere of life. Over the years Citibabu started showing remarkable improvement in spheres especially in speech and language improvement was considerable. The utmost care and patience had showed results. A child who was given up as non-verbal, no-concepts, who was neither receptive or expressive in language having speech problems showed that miracles

do exist. He bloomed in every sphere. Rigorous special education was introduced and by the 16th year he was placed in pre-vocational unit & finally by the age of 19 he was admitted in Pathway-Sabin centre for vocational education

In these last few years he learnt to go through various activities like –

1. Coir pot making
2. Making of coconut brooms
3. Making of nursey bags
4. Worked in the carpentry section





5. Using sawdust to make beautiful elephants which serves as gifts.



6. He has shown keen interest in candle making and paper mache products.

His other achievements include helping to integrate normal children with special children in certain activities like drawing, playing group games, dining together and also an active part in cultural activities.

His eagerness to please and a beautiful smile has brought and reigned in many friends from all quarters.

Last but not the least he is totally independent in his daily living skills and helps his peer group.

Citibabu with all the assets has become a valuable member of the society. He has been employed as an office boy for the school and hence is able to earn his livelihood.

We feel blessed to honor this young adult.



The next special child being Prasanna who suffers from a condition known as the Apert syndrome which is a genetic disorder characterized by the premature fusion of certain skull bones (*craniosynostosis*).

This *early* fusion prevents the skull from growing normally and affects the shape of the head and face. In addition, a varied number of fingers and toes are

fused together (*syndactyly*).

Born in the year 1995 He entered pathway in 2006. Over the years he has undergone rehabilitation and education and today stands before you as an asset ready to take on the world. Challenges and hurdles have never stopped him from competing with the outside world. He has learnt the nitty gritty of life and today has been employed by



pathway as a helper in Chennai centre where he gets paid for his work. We are very proud to honor this young ever smiling man.

The next prestigious award was given in honor of **Pamela and Alex Martinez** who have not just given this beautiful piece of land that we are enjoying today but also are currently supporting our facility and are our supporting pillar. They run an organization today known as A Brighter Path which is a Human Services Supporting Organization in Capo Beach, California. This great award was awarded to S Kalpana who is based in Kancheepuram district, born in 2001. This girl child has completed her tenth with overall 95% , scoring centum in social science. Her ambition is to aim for being a chartered Accountant but would like to settle down for B.Sc in Agriculture for now. She wants to make her mother feel proud of her and to be tied down for an early marriage.

The next award was in the name of **WILLIAM P BENAC**. He is not just a supporter of pathway but his entire family has served pathway over years in different ways. We are indeed indebted to him. Brother Benac has been an active member and Bishop in the Church of Jesus Christ of Latter-day Saints. We are proud to say that he has retired from his lucrative job and is now working as a supporter full time for pathway. In his honor we conferred this award on Prasanth. Prasanth joined pathway in the year 2002. He loved pathway which was to be his home for ten years. After completing tenth in 2012 Prasanth tried to fend for himself. Not being a very serious academic student he decided to join a vocation. He has started in a very small way and today has built a small platform eatery on his own. His future plan is to run a hotel. We applaud his efforts and wish him all the success.

The final award was in the name of **JEAN-LUC BUTEL**. A French gentleman whom I met in 1996, never even imagined would be one more strong pillar of Pathway. Not just for a year but three decades till date along with his family have volunteered here. We salute this wonderful soul who is today the global healthcare advisor for k8 in Singapore. He provides guidance, support and expertise in broad areas of health care. Jean-Luc also serves as a Senior Advisor to the McKinsey's Health Care practice. We are honoured to know him. This award was conferred in his honor on **KARAN**.

Karan once again was a student of pathway who passed out with more than 82 percent in 2015 from here. Hailing from a very poor family Karan being the righteous young man decided to pursue his education. After completing 11th he decided to FUND himself by doing odd jobs for a year. After accumulating some money he lodged himself in a hostel and paid for his 12th grade. We are honoured to





award this young man today since his efforts to take challenges of life by horn has made us admire his guts and we feel happy to confer this award to him.

We also added special awards to this function by adding and recognising some of our staff at the farm centre namely Mr Annadurai- our Principal, Mr Raja, Mr Pandian and from Chennai centre- Mr Paul Pandian who have served the centre for decades with utter dedication and sincerity.



A variety of cultural programme from all the centres was presented for the benefit of the audience. The highlight being a Michael Jackson- HEAL THE WORLD performed by the special children of Pathway centre. The audience also witnessed a small video presentation from the Alumni group which ended with memento presentation.

Chandra Prasad, Hony Director and Chief Functionary, Pathway, described briefly the work done by the organization for the disabled from the past 42 years and has also outlined contribution made by Pamela Martinez school and orphanage and the Agro Farm, from the past 16 years. She said nearly 40,000 lives have been touched by Pathway over these years.

She conveyed her grateful thanks to Judge William Sheffield, Gary Sabin, Sabin Spencer, David Haslam, William and Barbara Benac, Pamela and Alex Martinez, and Jean-Luc Butel for their long association and for their great contributions.



Ms Jeyseeli, Principal of Pathway Chennai centre steered the programme and Mrs Dhuli Patnaik, President, Pathway proposed a vote of thanks.

FOUNDERS DAY CELEBRATIONS



This is the third Founders day we were to celebrate on the 29th March. It is indeed an honor to respect a man whose mission was only to serve the children from all categories irrespective of caste, creed or religion. His vision and dedication today has given many a livelihood, children their education and also steered their





dreams to reality. His 40 years of sheer self sacrifice and hard work has breathed life into many souls and today many owe their success to this wonderful person.

In consultation with the staff of all centres we decided to conduct a full day programme involving parents, our alumini group and children from all centres. The programme was designed to have fun elements, cultural programme along with fun games. This year we had many of our trustees along for this great occasion.

Everybody gathered around 8 in the morning at the vocational centre area. The day started with a opening prayer and hymn. It was followed by unfurling a huge banner of the founder whose ever smiling gentle face brought heartfelt respect and cheer from every soul present. After paying our humble respects to this wonderful visionary a birthday cake was cut. This cake was especially prepared by special hands of Chennai centres bakery group.

The children had made a pencil drawing portrait of their loving father and used their creativity in installing the same.. Children They paid their respects in different forms like greeting cards by the Sabin group, flowers from the tiny tots, in memory poems for their dad from the older children and some had even prepared individual cards.

This special event this year was marked with Pathway Alumini planting new tree saplings, rose bushes and lemon saplings.

The mike was later handed over to the hony director followed by the president of the trust.

Children were patient and very respectful.as the speeches were over their tiny whispers and excitement started



growing. They would be seeing their parents too taking part in the fun games and vice versa.



The tiny tots had a series of games to attend to like the potato gathering, balancing a ball on a tiny plate, sack race, balloon bursting, and arranging paper cups in limited time period. Every game was watched with earnest spirit and loud cheering with applause and claps rendered the air. Now it was the turn of the parents. The games played were musical chair, matching picture game, going through memory test and finally the



tug of war. The biggest applause was for the tug of war. Childrens beaming smiles left us totally satisfied. The spirit of happiness seemed to have surrounded us all. Every game event ended with a prize which was so kindly distributed by our guests. Snacks were distributed at the end of this session.

After a sumptuous lunch and a bit of relaxation the kids and staff were ready for the next session. The next session was started by 3 in the afternoon which concluded by 5 in the evening. The various programmes conducted were group dances, fun games like walking on the upturned mud pot, tic-tac toe game, the action game, lemon spoon race etc. The children from all centres had participated to make this a very memorable event. As expected every event was concluded with special prizes. The Sabin group boys had to blow balloons till it bursts, the winners declared here were Prabhu and Dayalan.



Senthil, Ambrose, Sheikh and Thamil were involved in the game of throwing a light plastic ball into a bucket kept at a distance. Prabhu was declared a winner here. All the special adults were given tshirts as prizes. Not to be left out of the festivities the staff too participated in the fun event.

The day ended with swimming competitions between the different peer groups joined by the Pathway alumina. It was indeed a very satisfying day which ended with everyone carrying some treasurable moments in their heart to be etched forever.



The entire campus was resounding with happiness and childrens laughter. I am sure the Founder would be pleased to see all his children so happy and joyous.



RIOT OF COLORS

It grows steadily darker outside the school, the classrooms having been vacated long since. As the silence stretches, the fevicol bottle sits in one corner of the empty room, amidst some papers and files, feeling lonely and very sorry for itself. 'The world is a dark and unfair place', it muses. 'People are quick to recognize and appreciate the surface, but no one thinks about what's beneath. I'm the one who binds and holds everything together, yet every material except for me is acknowledged, be it the newspaper that goes into making a clutch or the shining beads and glitter that decorate everything. Yet, people forget to remember me', sighs the fevicol, now having worked itself into a frenzy. A tear slowly rolls down its cheek and makes its descent downwards, forming a small drop on the desk, as the fevicol settles into yet another long night. The sun rises, giving way to a lovely morning, bringing the excited chatter of kids along with it. 'Ma'am! Ma'am! Look at this! It's so pretty! ', one of the



students exclaims, pointing to the drop of fevicol, which had dried into a pearly, translucent blob. 'We can make so many shapes with this material, can't we? ', another student pipes up and soon they are all busy, starting with designing simple leaves and carefully balancing them on wires. Leaving these overnight to dry, the children return the next morning, to find perfectly lovely, translucent leaves. 'We should definitely paint these ma'am! ', a student suggests and a discussion ensues on what paint to use. 'Why don't we use Poster colours? ', one student proposes but the rest of the class boos the idea. 'Hey! What about nail polish?', the fashionista of



the class speaks up and is cheered, as they start painting with the nail polish, resulting in some glossy leaves. 'Hey, if the leaves look this pretty, imagine how beautiful flowers would look! ', one student says, ideas blossoming like flowers indeed in the classroom. The fevicol is shaped into unique, lovely flowers and a dash of hues are used to paint the same, resulting in bunches and bunches of delightful flowers and leaves. The excitement is palpable, when suddenly a student screams, 'Ouch! The wire poked my finger! ' and the teacher says 'Oh we can't have that! We need to seal the wires with plastic tubes, so that these don't hurt anyone's fingers'. The students get busy with that and now, they have pretty little bouquets of flowers with them. 'But ma'am, where can we put these? ', one student questions. This time, the class artist speaks up, 'well, since my precious poster colours were booted, maybe my poster color bottles will be of some use here! ' Sure enough, the rows of empty poster color bottles are quickly raided and spray painted with golden hues and decorated with sparkly stones. Once the flowers are placed carefully in their stands and varnished, the incredible sight has the students laughing and cheering ecstatically, as the teachers look on with pride and joy. But no one, no one in the entire room, could be happier than the little fevicol bottle, the centre of attraction, sitting quietly and feeling significant and gratified.

FLOWER POWER



It was a day of outing for some of the residents of Sabin Pathway centre. Some of them being religious mind set wanted their educators to take them to visit the temple nearby. Saturday a weekend day was fixed for the same.

Early morning at the farm is a sight to behold especially when the paddy fields are swaying to the gentle breeze. A huge flock birds doing ballet and soaring into the sky with spread wings adorn the sky. They display a spectacular shade of white hues in various sizes, shapes and patterns.

The first bloom of fresh flowers which have droplets of moisture seem to be playing see-saw on the petals while some drops just fall down and some play till gravity pulls them down.

The children were to walk down from their living abode and board the van at the main gate.

Spectacular birds like kingfishers guided their way and it seemed as if nature was beckoning them to greet them.

They boarded the van and went to the nearest temple. What they observed was very interesting to note. Fresh flower garlands of all designs, sizes, hues were being offered to the gods but at the same time the flowers which were not secured tightly made their way to the ground only to be trampled by the other pedestrians.

Seeing this sight the children for a moment forgot the reason to come to the temple. They brought this sight to my notice. Every



positive thought gives rise to a new thought since it was like a challenge thrown at us. For sometime even I was stumped that they notice even these small details which many would feel as a part of life. Later it dawned to me that these beautiful flowers though had lived their life but still could be useful. I felt that they could be sorted out as per size, type and color and then dried to form powder to be used as a raw material.

Thus was born another eco friendly raw material which could be used as color powder for our Rangoli designs. While musing over this thought I decided to go a step further by using this powder along with adhesive and create the most charming products using our silicon moulds.as they say pictures say a thousand words

The dried petals were converted into powder and labelled as per their origin and colour.

This was further sent to Chennai centre to be used in various forms. The possibilities are endless. Some of the examples are as shown below.

SILK THREAD BANGLES

The tradition of wearing bangles in India started way back in ancient times. However even today women love to wear bangles to enhance their feminine grace and beauty. The word bangle has been derived from the hindu word- bangri or bangali which in Sanskrit means- the ornament which adorns the arm.

Looking at the trend of fashion our educators and students decided to try their hand at creating silk thread bangles. Basically the usual instructions were followed like rolling silk thread around a cardboard of 1 and a half feet length 40 times. This was followed by gluing a centimeter area with glue which on drying was to be split into two with scissors. This would ensure that both the ends of this band of silk thread wouldn't get entangled and retain their sheen. Placing one end of this band to the inner side of the plastic bangle the thread was wound. This process continues till the entire bangle is covered with silk thread.

Once this base was ready the excitement and curiosity started since we wanted to be different from what the market produced. Various variations like stone chains, ball chains, sequins and charms were added to give a different and unique look. Some of the pictures shown here are a proof of our creativity



MAKING OF COCONUT OIL



It was an usual day at the farm with the children going around and doing their usual chores of duty for the day. there had been a shuffle in the group and each group was assigned new activity as per rotation of work. a group of 6 children were assigned to pick up the fallen coconut and load them into the blue packaging bins and drop them at the area where it had to be dehusked.

After completing their days work and pleased with their efforts they sat down in a circle to rest their feet. Doing so they observed their pile of freshly picked coconuts. They were just admiring their pile when Ashok a new entrant to the group teased the other children regarding their hairstyle since the days scorching sun had caused some amount of fuzziness in their hair. Amose teased them for not applying oil for their hair. Some of them gave him a sheepish smile whereas Anand was quick to retort saying that their supply of coconut oil had to be replenished. Listening



to the entire group quietly, Kishore smiled and said- Why don't we just make our own coconut oil reserve using the coconuts that we have just procured. The other peer group looked at awe and with a loud applause patted his back and decided to share the same with their educators.

It was decided by this team to gather and start the process next day with the help of the farm supervisor.



The new day did dawn which brought a happy and excited team to the doorstep of the farm supervisor's office. During their discussion the supervisor was slightly sceptic since so far we had been extracting oil from dried coconut also known as the copra which in huge quantity is processed by using a expeller press and solvent extraction, which is further refined for future use. The process the children were debating with him was to extract oil from the fresh coconuts. This kind of virgin oil has a very strong coconut flavour and aroma and yellowish in color.





With the help of supervised helpers, around 20 coconuts were dehusked on an experimental basis. The next step was to break the coconuts and collect the sweet coconut water which was to be shared by all the residents.

The excitement of the children did not allow anyone to take a break and the next stage was put in action. Each child found a comfortable spot and sat down to

break chunks of the broken halves and collected them in a vessel. Once this procedure was over they had to break for lunch. Though reluctant but happy they made a dash to the dining room. Seeing their enthusiasm and excitement their educators followed suit.

After a hearty meal they trooped back to their designated spot. Collecting the small chunks of coconut they headed to their vocation centre where this would be

grinded into a paste using a mixie.

Siva being the leader of the group did the honors of running the mixie. In a short time the entire coconut chunks along with measured water was grinded into a paste. This mixture was later poured into another vessel.

Ashok was asked to fetch the sieve to filter the milk of coconut from the mix. This process was carried out twice to ward off any sediments. At every step the supervisors were at hand who observed from close quarters to avoid any accident.

The days programme came to an end since this required to cover the vessel and leave it overnight for allowing the sediments to settle

down and the top coconut cream layer to form.

It wasn't necessary to bring this group early next day to continue the process of extraction. They were up early and rushed after their breakfast to the vocational area.





They were awed to see that the water had separated and the coconut cream had solidified on the top as a layer. The gentlest among them was tasked to scoop this solidified cream layer into a clean saucepan.

Every keen and curious pair of eyes watched this process with great concentration. The saucepan was lifted and placed on the gas stove at slow heat and stirred occasionally with a wooden ladle till it started bubbling at the top and clear oil began to show.

The aroma and the strong fresh flavour of the coconut oil filled the air. Their joy knew no bounds since it was their first step to a new product. Once this process was over the hot vessel was lifted safely and kept in custody for cooling. The entire period that it took for cooling was filled by eager questions and incessant chatter. They were proud to do a job which was not done at the farm. Their success only made them stronger and to take it up on a larger scale. The final stage had come. The sterilized bottles were slowly filled with the clear oil. It was observed that these 20 coconuts had yielded around 400gms of virgin pure oil.

Their next option was to add fragrance to their newly found produce which would be their unique signature brand. The worry of not having stock of their precious coconut oil had dissolved overnight. This was another step to independence.

We hail these children's efforts which only added more lustre to their asset list of which we are proud of.



SABIN- EXCURSION



Today was a very special day. It was just not womens international day but also a day of excursion for the sabin

pathway adults. They have been so excited about it from the time they woke up. They had already

decided the kind of clothes they were to wear along with their sun glasses and hats. It was indeed a pleasant and





sunny day. A packed lunch and snacks too were packed for the day along with water. The bigger ones helped to board all this onto the bus.

All the students along with their educators and principal boarded the bus which was to take them to the town. They had to journey through the national highway.

Waving a fond goodbye the smiling students waved cheerfully their school peer groups and boarded the bus. It took some time for everyone to get seated in their respective seats with some favouring the front seats.

Once everyone settled down the acting driver was in all smiles. It was his first time to take such students

on a road trip. The students smile made his day. He happily started the engine and off went the bus. After the initial excitement, the driver switched on his audio system. This brought a wave of happiness and some of them broke into a dance mood. Their joy was so special to watch. It was a delight to take them on a trip.

Their first stop was a temple visit. This hill temple is located near Achirappakkam on Chennai to Thindivanam route. After Mel

Maruvathur just 2 Kms before Achirupakkam town you have to take a diversion to the left. There is an arch in the highway itself for Nadu Palani Murugan temple. From the arch, we have to go straight without any diversion till the last for 6.5 kms to reach the temple at the Perukkarani (Perunkarunai) village. Dhandayuthapani Temple is dedicated to Hindu God Murugan located at Nadu Palani in Kanchipuram District of Tamilnadu. This is a Murugan temple on a





small hillock in a beautiful environment with about 10 huge banyan trees. The 45 feet tall wooden idol of Lord Muruga had just been installed and MahaKumbhabhishekham was performed on the 7th march 2018.

At the foothills of this temple they were greeted by familiar fields. In front of them there were vast expanse of water melon fields. Luscious melons beckoned them. They were thrilled to recognise a fruits which they often grow at their agro farm. The farmers were kind enough to allow them to touch the same and even feast on a few. Gratefully they thanked them and were raring to go for their next destination. They got in the bus excitedly chattering about the bird sanctuary they were to visit. Their enthusiasm was a treat to watch.



The best season to visit the bird sanctuary is considered to be between the migratory season of November to march where more than 40,000 including 26 rare species from various parts of the world visit this sanctuary. Around 115 species of birds have to be recorded at the Vedanthangal bird sanctuary. The birds like herons, egrets, storks and spoonbills

visit here every year.

The Vedanthangal bird sanctuary is the smallest but oldest bird sanctuary in India situated near to the small town of Padalam in the Kancheepuram district in the state of Tamil Nadu. But this oldest sanctuary carries an amazing history behind it. The sanctuary is preserved by the local people for over 250 years as they have found that the water that contains birds' muck mixed with it can prove as best natural fertilizer for the crops. The place was granted the legal



protection in 1798 and in 1936 it was declared as a bird sanctuary. Later in 1972, under the wildlife protection act, the place was declared as a wildlife sanctuary.. Vedanthangal bird sanctuary is completely dependent upon the rainfall and faces water problems during the summer season. This is the reason why permanent water plants cannot be seen here. The Barringtonia trees are found here, which are used by the variety of birds for nesting purposes. The sanctuary has a lake with lots of trees in the water. Many birds can be seen on water and on trees Open-billed storks are the main visitors of Vedanthagal bird sanctuary. These birds breed twice during one season. Along with it, rare birds like painted stork, cormorant, Darter, Black-headed Ibis, Grey Heron etc are also seen here in large number. Water birds like Ibis, night heron, comb duck, dabchick, stilt, redshank, sandpiper, curlew etc capture the attention of many tourists during the season. Along with it, arboreal birds are commonly found here. The raptors like the variety of kites and eagles can be seen in Vedanthangal sanctuary. Along with the variety of birds, you can also see the mammals like jackals, jungle cats, wild boars, and the black-naped hare. When you enter the sanctuary you can enjoy the sight of plentiful trees full of beautiful birds. These birds are very much familiar with the visitors and don't get afraid when you take their photographs. The birds visit this place from their original habitat, thousands of km away from Australia, Pakistan and Bangladesh.

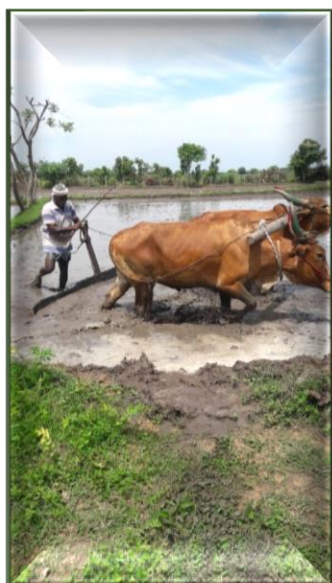


The bird sanctuary is located in the area of 74 acres and it is better to visit it during the months of October and March to see the nesting birds. The Vedanthangal bird sanctuary is located at the distance of 75 km from Chennai on National highway. The Vedanthagal bird sanctuary is the best place for nature and wildlife lovers. The students enjoyed every moment of their nature walk. After making a round of this sanctuary one could see their tiredness reflected on their faces. Their educators took care to make them wash their hands and sit down in a clean comfortable spot. They delightfully opened their lunch packs and ate a hearty meal.

One thing to be noted here is the wonderful discipline and code of conduct the students maintain. I have never come across such a wonderful and obedient group. It's a pleasure to escort them anywhere. Some precautions were taken during the viewing of the sanctuary since the lakes were brimming with water and even a mere slip could end in disaster. After relaxing for an hour, they decided to move on to their next spot. Their next stop was a mall where a movie show was to be screened. Unfortunately, due to a strike this wish could not be completed. To make up for the same they were offered a trip around it along with icecream as a treat. It was indeed a very gratifying trip for both the trainers and the taughts.



PADDY HARVESTING



Paddy is the principal crop extensively cultivated in all the districts of the state having a unique three-season pattern viz Kar/Kuruvai /Sornavari (April to July), Samba/ Thaladi/Pishanam (August to November) and Navarai/ Kodai (December to March). Rice



cultivation is a complex activity that requires a series of processes to achieve the finished product.

The basic stages of cultivation include; Seed selection . We selected ADT 39 during end of August. ADT 39 is resistant to bacterial blight, blast, neck blast, brown spot, sheath blight, and grain discoloration; moderately resistant to green leafhopper; and susceptible to sheath rot, leaf folder, and brown planthopper. ADT39 has 65% milling recovery and 10.1% protein. The fine-grained rice cooks well and is highly preferred in South India. Farmers of Tamil Nadu have named it "Idly rice" and "tiffin rice". The nutrient value and health benefits of rice are so many that it has been our staple food. The benefits are-

It's a very good source of energy

It is cholesterol free

The bran oil derived from its paddy form supports cardiovascular health

It is also a very good source of niacin, vitamin D, calcium, fiber, iron, thiamine and riboflavin

Since there are thousand varieties of hybrid varieties of rice available we decided to grow ADT 39 for the given reasons-

Parentage – IR 8/IR 20

Duration (Days) – 120 - 125

Average yield (Kg/ha) – 5000

1000 grain weight (g) – 18

Grain type – Medium slender

Habit – Semi dwarf

Rice color – White

Special features – Resistant to Blast and sheath rot.



preferred because of high yields It is also blast resistant, non-lodging and suitable for machine harvesting. The size of the grain is thin and it is among the fine varieties in the market.

The basis of seed selection was done while keeping



achieved via tractors (mechanical means) or with the help of water buffaloes. Land preparation also includes land leveling to ensure water reaches all areas planted. Usually it is done before the rainy season. The weeds are cleared and the field is ploughed by buffaloes or tractors to a depth of few inches. Manures and fertilizers are added to the soil. Using the Wet system of cultivation, the land is ploughed thoroughly and puddled with 3to 5 cm of standing water. The land is then levelled to facilitate uniform distribution of fertilizers and water. After the seedlings of rice sprout its transplanted into the main fields.

The method to introduce rice plant to the soil used was the transplantation method. We used the Transplantation method which is the basic method practiced here. To begin with, seeds are sown in nursery and seedlings are prepared. After 4-5 weeks the seedlings are uprooted and planted in the field which has already been prepared for the purpose. The

We were able to harvest 78 bags each holding 80 kgs. The other variety of rice grown in the month of January 2018 was the NLR variety also known as (Nellore Masoori), developed by NG Ranga Agriculture Research Station in Nellore and introduced in the market after successful trials a few years ago which has become popular not only in AP but also in neighbouring Tamil Nadu, Karnataka and Maharashtra.

It is



in mind the maximum yield, improved germination, resistance to disease and pest attacks, uniformity in plant size and less weed problems.

The next stage of preparation is the land. The main purpose of land preparation is to have the soil in optimum physical condition for growing rice. Plowing and tilling of land is done to predetermined levels that allow rice plants to develop a good root system.

The proper preparation of land for sowing is





entire process is done by hand. It is, therefore, a very difficult method and requires heavy inputs. But at the same time it gives some of the highest yields.

Cultivated rice is extremely sensitive to water shortages and when the soil water content drops below saturation, most rice varieties develop symptoms of water stress. Good water management practices are needed to keep usage at optimum levels and to maximize rice yield.

Pre-planting steps that help with water management include;

- Proper creation and maintenance of field channels for water delivery
- Land levelling that allows water to be evenly distributed and retained
- Tilling operations that include rice field bund preparation, water puddling and maintenance

Each growth stage of the rice plant has a different nutrient need. Keeping this in mind, we ensure that the rice plant gets the proper nutrients at the right time. Prolonged flooding of rice fields ensures that we are able to conserve soil organic matter and also receive free input of nitrogen from biological sources. For higher yields, more nutrients must be added to the soil.



The rice plant can come under threat from different sources in the field. These include attack by rodents, insects, weeds and disease. Different strategies are used to protect and maintain crop health. A good understanding of pest behavior, natural enemies, host plants, other organisms and the environment help determine the type of pest management required.

We usually manage weed control through water management and land preparation, by hand weeding, and in some cases with the application of herbicides. Finally in the field it ends with the process of harvesting.



Harvesting is the process of collecting the mature rice crop (rice paddy or rough rice) from the field. Depending on the variety, a rice crop usually reaches maturity at around 115-120 days after crop establishment. Harvesting activity includes cutting, stacking, handling, threshing, cleaning, and hauling. Good harvesting methods help maximize grain yield and minimize grain damage and deterioration.

Harvesting can be performed manually or mechanically. We opted for mechanical to avoid the intensive manual labour cost which could stretch for days. After cutting, the rice was threshed to separate the grain from the stalk and cleaned using the thresher machine and then the process of winnowing. Winnowing is a process of removing the unwanted particles from the paddy grains. The simplest way is by pouring the paddy down from a height on a windy day to a large square mat on open ground. The grains fall to the mat while lighter chaff blows out.



Milling of rice is a crucial post-production step. The basic objective of a rice milling system is to remove the husk and the bran layers and to produce an edible, white or brown rice kernel that is sufficiently milled and free of impurities. Milling means removal of the yellowish husks from paddy so that white or polished rice is obtained. In a rice mill the paddy is made to pass between varying sets of huller or rollers till it is milled or polished.



The most enjoyable part for our Sabin group comes during the harvesting time. Dressed in their farm attire the entire lot troop to the paddy area. Under the guidance of their special teachers and watchful eyes of the farm labourers they set out to do their task. They enjoy the tractor ride and the excitement on their faces light up when the harvester machine pours the paddy into the dipper. The special hands gather these grains with delight and feel proud that they were a part of this entire process which would feed many a mouth.



OUR FRUITS OF HARDWORK



The pleasures of mango and its divine flavor have been known to Indians from a very early age. Fossil evidence traces back the appearance of mango in India, Bangladesh and Myanmar to 25-30 million years ago. It is referred to in Vedic scriptures like Brihadaranyaka Upanishad, the Puranas, Rasala and Sahakara. The importance of mangoes in Buddhism was underlined by the fact that Lord Buddha chose to rest under the shade of a mango tree and Buddhist monks carried mangoes with them everywhere. Alexander the Great is said to have returned to Europe with several varieties of the fruit. Foreign travellers like Megasthenes and Hsiun-Tsang heavily praised the taste of the

fruit and mentioned that Mango trees were planted by Indian rulers on the side of the roads as a symbol of prosperity. Mangoes have delighted people's senses with their sweet fragrance and flavour for ages. However, while Indians have been cultivating this juicy fruit for more than 4000 years, the Western world has savoured it only for the last 400! The earliest name given to the mango was Amra-Phal. It is also referred to in early Vedic literature as Rasala and Sahakara, and is written about in the Brihadaranyaka Upanishad and the Puranas, which condemn the felling of mango trees. On reaching South India, the name translated to Aam-Kaay in Tamil, which gradually became Maamkaay due to differences in pronunciation. The Malayali people further changed this to Maanga. The Portuguese were fascinated by the fruit on their arrival in Kerala and introduced it to the world as Mango.

In India, around 1500 varieties of mangoes are cultivated among which 1000 are of commercial value. The most popular and well known among these are Bombai, Himsagar and Kesar from early season, Alphonso, Banganapalli and Langra from mid-season, Fazli, Neelum and Chausa from late season. Mango farming is one of the leading crop and considered to be the king of fruits. Besides its wonderful delicious taste, excellent flavor and its haunting aroma it is loaded with vitamin a and C. Mangoes are a rich source of anti-oxidants like quercetin, astragalin and gallic acid that have been proven to fight against certain types of cancers. High levels of fiber, pectin and vitamin C helps



lower low-density Lipoprotein levels in blood. Mango pulp is rich source of vitamin A that helps improve vision. Mango fruits have low glycemic index and are fit to be consumed by diabetics. The



abundance of vitamins and carotenoids present in mango pulp helps boost the immune system. Consumption of mangoes is associated with decreased risk of muscle degeneration as well as asthma.



ALPHONSO



TOTAPURI



SINDOORA



NEELAM



In South India, mango usually gives two growth flushes, one in February-June and the other in October-November. In mango about 8-10 months old shoots under certain conditions cease to grow at least 4 months prior to blossoming. These shoots are capable of producing flower buds. Other shoots, which appear in subsequent flushes during late monsoon, do not come to flowering. These shoots flower during the next season after accumulating sufficient metabolites necessary for fruit-bud differentiation. Thus the fruits will be ready for harvest in April-May from a plant flowered during October-November. The major harvesting seasons in Tamil Nadu April-May The mango fruits should be harvested at green mature stage. The best way to observe maturity in mango is the colour of the pulp, which turns cream to light yellow on maturity and hardening of stone. Mangoes are generally harvested at physiologically mature stage and ripened for optimum quality. Fruits are hand picked or plucked with a harvester. During harvesting, the latex trickles down the fruit surface from the point of detachment imparting a shabby appearance to it upon storage. Therefore the fruits should be harvested with a 10-20cm stem attached to it.

The fresh mangos and mango pulp are the important items for exports from India. Realising this we at Sabin centre decided to maximize our efforts more for better production of our mangoes so that the excess could be marketed to a factory nearby. We have been very fortunate to have a buyer in a nearby town known as Krishnagiri where are mangoes are converted into pulp and exported to other countries. To maintain our trees Every year Sabin Centre is involved in spraying and maintaining the mango groves. The children as usual are happy taking care of the trees with unconditional love. The first schedule of spray in December was done using Isabion which activates plant potency, regulates plant metabolizing, increases plant vigor and safeguards plant functioning to maximize plant's capability. It is a natural biological activator. Isabion facilitates vegetative growth, induces flowering, pollination and fruit setting to improve fruit quality and enhance risk-resistant capacity against harmful environment. It also alleviates damages from pesticide and fertilizer to certain extent.

During the month of February Nimbecidine was applied which exhibits multiple modes of action. Its benefits are listed below



IMAMPASAND



RUMANI



MALGOVALA



BANGANAPALLI

- It effectively controls the economically important pests such as Whitefly, Aphids, Thrips, Mealy bugs, Caterpillars and Leafhoppers in a wide range of crops.
- Does not affect the natural enemies. Safe to use with beneficial parasites and predators and thus offers long-lasting pest control.
- Helps to increase productivity by controlling the pests and improving crop health.
- It is eco-friendly and helps to maintain the Ecological Balance.
- Insects cannot develop resistance against Nimbecidine.
- No residue.

The varied form of natural calamities have given us a great challenge which is loaded with monkey menace. Our group tries to drive them away with the sound of crackers for a short period of time. We still have no knowledge as how to overcome this issue. In spite of these major hurdles we have been able to get some yields from our trees.

The various varieties that we have been able to collect this year has been the Sendura and Tothapuri variety to the tune of ten to twelve tonnes. The other varieties we harvested were the Banganapalli, Mulgovala, Rumani and Neelam which amounted to two tonnes. Mulgovala is considered as the “Alphonso of South India” is considered

The Sabin group while harvesting these mangoes take special care since the market acceptable fruit has to be devoid of any bruises. It's a wonderful sight to watch our children do this task with diligence along with the experienced labourers. At the end of each day they vie with each other for the most number of mangoes harvested. The fun part is rolling these mangoes into the dipper attached to the tractor which proceeds to the mango pulp factory since the shelf life is quite short. The remaining raw mangoes which don't make it to the market are used for preparing various traditional products like raw slices in brine, amchur, pickle, murabba, chutney, juices etc. The fruit is consumed raw or ripe. Children are allowed to pluck the mango and consume it fresh. Its always a feast time during the mango harvest season.



Raw fruits of local varieties of mango trees are used for preparing various traditional products like raw slices in brine, amchur, pickle, murabba, chutney, panhe (sharabat) etc. Presently, the raw fruit of local varieties of mango are used for preparing pickle and raw slices in brine on commercial scale while fruits of Alphonso variety are used for squash in coastal western zone.

The other crops we were able to cultivate with the help of this wonderful Sabin group was vegetables like the Okra, Bottle gourd, chillies, tomatoes, greens, herbs, pumpkins, water melons, sapota, jackfruit and ofcourse the versatile coconuts. Their whole year of activity bore fruits to feed all the centres seasonally. We are proud to say that some portions we were able to sell which were in excess. More than the money profit the praises from various quarters brought laurels to these children.



AN IMPRESSIONABLE NOTE FROM A VISITOR

– as written by Mr Michael Ang from Singapore

On the 7 Dec a Thursday at 3pm, we were privileged to be referred by our good friend Mr Jean-Luc Butel to visit Pathway' s Centre for Rehabilitation & Education of the Mentally Retarded and also their Vocational Centre.

We were warmly greeted at the centre entrance by Chandra Prasad and Dhuli. The school staff and a few children were also there to greet us.

We were shown the classroom for various age groups. The class room size were kept small ie not more than 10 students which allows the children to focus on the children better. I saw and meet highly disciplined and well mannered children. I am impressed the kids are taught on only subject and content that are only relevant for life skills. They are developing skills that are necessary for communication and being independent. We see very happy, cheerful and enthusiastic children responding to their teachers and ayahs. We witnessed the love and patience the teachers and ayahs extended to children and how the kids reciprocated with love and attachment.

We went to their dormitory and are amazed at the rows of neatly made beds and careful folded linens and bed covers. Nothing was out of place.

We went to the nursery on the building roof top. It is lovely nursery and kept very clean, neat and tidy. This truly reflect the good nature of the children and the careful grooming by their educators in cultivating a habit of being tidy, being part of a team and working to a schedule. There is also a vocational classroom. Children indulged with art and craft. Their finished works are of a quality that individuals or companies can purchased them for gifts or resell them. There is a bakery and they make their own breads and pastry. Some of their workers in the kitchen are children that grown up with the centre and are now working for the centre. They are definitely very independent and are good and productive workers.

On the 10 Dec, a Sunday, we visited the agro farm where they also run the matriculation school. Here the children with disability also studied and work alongside those who are abled. A wonderful approach to help the children integration with the outside world. Again, I saw the hallmarks quality of thrift, tidiness, discipline and following rules and regulations. This is an amazing social enterprise that Pathway had embarked. The planning of the farm, buildings and products are all well thought out and executed. The happiness from the children radiated clearly from their eyes and faces. We rejoices with them.

Madam Chandra sit with us and went through with us how Dr. ADSN Prasad who could had a very comfortable and luxurious life, chose instead to take up this calling to fill the void in the care and rehabilitation of the mentally disadvantaged children. Chandra, who is Prasad's wife, saw the same vision and together they embarked into this remarkable journey. Although he had passed away for almost 2 years now, the centre, the farms and everything we come in touch with still have the influence and spirit of Prasad. Chandra is doing the incredible job walking in his footsteps. We also learnt about the challenges and support the centers needs.

We witnessed joy, cheerfulness, happiness, thrift, from all the children and workers within the Pathway community. All the children that Pathway adopted would had a hellish existence but Pathway changes that for them. My wife, Kogen and myself walked away with tears in our eyes, feeling edified and hope the world would have more Prasad and Chandra.



VISIT FROM SABIN FOUNDATION



OTHER ACTIVITIES BY THE SABIN GROUP



TRADE FAIR



“Tourism for all — promoting universal accessibility” was the theme of the 43rd India Tourism and Trade Exhibition 2017. The exhibition began on Island Grounds on January 13. Officials said the footfall for the exhibition was around 11 lakh people the

previous year and they expected a good number of visitors till April, when the exhibition was supposed to end. Organised by the Tamil Nadu Tourism Development Corporation, the exhibition was attended by 25 State government departments and 23 government undertakings.

To this wonderful Exhibition Pathway’s Vocational unit was called once again this year to be a part which opened on a grand note at the Island Grounds. Several dignitaries from State departments were present



“The idea of this fair was to provide a billion opportunities to the tourists visiting. During this 2 month long fair Pathway exhibited their products to the public and received rare compliments and kudos for the work at large to the society. The fair was open from 3 pm to 10 pm on weekdays and from 11 am to 10 pm on Sundays and public holidays.

Enchanting Tamil Nadu — The 44th Tamil Nadu tourism trade fair exhibition at Arignar Anna Kalaiaragam, Theevuthidal/Island Grounds, Kamraj Salai, Chennai is under way now. Here's a look at the fair, which kicked off on Saturday January 13, 2018, and will go on for 70 days.

In this fair, state government departments showcase their services, alongside entertainment activities and amusement rides.



The Island Grounds constitute a vast empty space on the island where fairs and exhibitions are held on a regular basis. Anna Salai is one of the major roads of Chennai. It originates on this island running mostly in the southwest direction towards the south. From the year 1975, the annual India Tourist and Industrial Fair, which is popularly known to the locals as the trade fair, has been conducted on this island by the state government of Tamil Nadu during the months of January to March. The fair will be open to visitors from 3 p.m. to 10 p.m. on weekdays and on Sundays it will be open from 11 a.m. to 10 p.m.

THE VISIT OF DDRO

Every year we undergo strict inspections from the acting officer of Differently Abled Welfare Officer under State Government of Kancheepuram jurisdiction. We are pleased to inform that we are recognized by them and they have certified the institution for and continue to give us their valued support. The officer in charge in this current year session was Mr Sridhar.



Nagar Main Road, Thiruvanniyur, TN: 98409 81363.

Director of Pathway honoured



Chandra Prasad, the Director and General Secretary of Pathway was honoured at the 107th birthday anniversary of Mother Teresa held at Raja Annamalai Mandram on Sept.1. She received the award from Justice S.Rajeswaran and Justice M.V.Muraidharan of Madras High Court.

Pathway is a centre for rehabilitation and education for the mentally retarded. Pathway is at E-76/1, 12th West Street, Kamaraj Nagar, Thiruvanniyur. Ph: 24483949.

NEWSPAPER CLIPPINGS

Pathway Excellence Award



Pathway, a voluntary NGO based in Thiruvanniyur for children and adults with special needs, conducted the 'Pathway Excellence Award' at their Agro Farm in Melmaruvathur on Feb. 9.

These awards were conferred on children from rural districts of Tamil Nadu. Conceived 7 years ago, the main aim of the event is to encourage and appreciate the achievements made by the underprivileged.

At the event, awards were presented to 7 deserving candidates from marginalised community for their superlative performance in academics. Pathway is at E-76/1, 12th West Street, Kamaraj Nagar, Thiruvanniyur. Ph: 2448 3949.

SOME OF OUR LATEST PRODUCTS 2017-2018



2017-2018



2017-2018



AWARDS



Pathway has received numerous awards and prizes from various sources and institutions over the years:

🏆 Social Award on 107TH Birthday Anniversary of MOTHER TERESA by Justice S Rajeshwaran and Justice M V Muralidharan of Madras High Court conferred on CHANDRA PRASAD in the year 2017

🏆 GODFREY PHILIP Social Bravery Special Award conferred on A. D. S. N .PRASAD in the year 2013

🏆 THE PROFESSOR RAMESH K OZA Oration Award conferred on A. D. S. N. PRASAD in the year 2013

🏆 “Best Employee” awarded to one Pathway employees – Hon’ble Social Welfare Minister, Government of Tamil Nadu, 2013

🏆 "The Noble Soul Award" - Award of Excellence in the field of Social Responsibility & for Valuable Support presented by Sathyabama University on 7th December 2013

🏆 Pathway Centre for Rehabilitation & Education of Mentally Retarded was awarded " –The Best Institution for the Disabled for the year 2009-2010 by the Hon’ble Chief Minister of TamilNadu, - Mr. M. Karunanidhi

🏆 “MCDS-Award for a couple rendering exceptional services to the disabled” awarded to -

–Mrs Chandra Prasad and A D S N Prasad, 2007. Award consisted of cash award, plaque and a citation handed over by Hon’ble Shri Surjit Singh Barnala, Governor of Tamil Nadu, in the presence of many distinguished persons including Mr. Devarajan, Managing Trustee of MCDS.



Award for “Services Rendered to the Mentally Disabled”

–Council of Parent's Association of the Mentally Retarded, Chennai, 2002



“Vocation Excellence” award to A.D.S.N. Prasad for his services to the disabled

–Rotary Club International, 1999



1998 award for “Most Outstanding Institution in India Serving the Disabled” and “Most Outstanding Employer of the Disabled in India”

–Hon’ble Prime Minister of India, Mr. Atal Behari Vajpayee, (awarded in 1999)



“Best Institution Serving the Disabled”

– Hon’ble Chief Minister of Tamil Nadu, Ms. J. Jayalalithaa, 1995



“Best Employer of the Disabled”

– Hon’ble Social Welfare Minister, Government of Tamil Nadu, 1995



“Best Employees” awarded to two Pathway employees

– Hon’ble Social Welfare Minister, Government of Tamil Nadu, 1995



“Exceptional Contribution for Services to People”

–Government of Karnataka, 1995



“Services Rendered to the Mentally Disabled in India”

–Japanese SIVUS Council, 1993

